

Appendix 3 (as supplied by the authors): Determination of household food insecurity status based on the Household Food Security Survey Module¹

Status	Interpretation	10 item adult food security scale	8 item child food security scale
Food secure	No report of income-related problems of food access.	No items affirmed	No items affirmed
Marginal food insecure	Some indication of worry or an income-related barrier to adequate, secure food access.	Affirmed no more than 1 item on either scale	
Moderate food insecure	Compromise in quality and/or quantity of food consumed by adults and/or children due to a lack of money for food.	2 to 5 Positive responses	2 to 4 Positive responses
Severe food insecure	Disrupted eating patterns and reduced food intake among adults and/or children	6 or More positive responses	5 or More positive responses

¹Adapted from: Canadian Community Health Survey, Cycle 2.2, Nutrition (2004): Income related Household Food Security in Canada.