

**Appendix 1 (as supplied by the authors): Comparison of students included vs. excluded from the analysis.**

		<b>Excluded</b>		<b>Included</b>	
<b>Variables</b>	<b>N</b>	<b>Value</b>	<b>N</b>	<b>Value</b>	<b>P-value</b>
Male	945	464 (49%)	2367	1274 (54%)	
Age	945	14.2 (13.9-14.5)	2367	14.6 (14.4 - 14.9)	<0.001
Current smoking	927	16 (2%)	2286	29 (1%)	0.32
Previous smoking	931	50 (5%)	2289	122 (5%)	1.00
Low income	469	248 (53%)	1224	633 (52%)	0.70
Height (cm)	936	165.5 (160.0-170.9)	2303	166.7 (161.0 - 172.4)	<0.001
Weight (kg)	935	57.8 (50.6-68.4)	2300	59.0 (51.9 - 68.7)	0.06
Waist (cm)	934	69.7 (64.2-77.8)	2300	70.1 (65.2 - 77.3)	0.14
Diastolic BP	925	65 (60-70)	2291	66 (61 - 72)	<0.001
Systolic BP	925	103 (96-110)	2291	105 (98 - 112)	<0.001
HDL	128	1.30 (0.99-1.54)	2055	1.24 (1.04 - 1.48)	0.50
Total cholesterol	128	3.84 (3.43-4.22)	2055	3.87 (3.42 - 4.33)	0.76
<i>Overall health</i>					0.46
Poor	24	0 (0%)	2203	18 (1%)	
Fair	24	3 (13%)	2203	144 (7%)	
Good	24	10 (42%)	2203	704 (32%)	
Very good	24	7 (29%)	2203	868 (39%)	
Excellent	24	4 (17%)	2203	469 (21%)	
<i>Stress level</i>					0.65
Poor	24	0 (0%)	2202	43 (2%)	
Fair	24	0 (0%)	2202	160 (7%)	
Good	24	6 (25%)	2202	508 (23%)	
Very good	24	9 (38%)	2202	783 (36%)	
Excellent	24	9 (38%)	2202	708 (32%)	