

**Appendix 1: Worldwide prevalence and impact of diabetes in 2003 and predictions for 2025**

Region	No. of people,* thousands		Prevalence,* %		Direct medical costs in 2003,* in millions of 2002 US\$		Deaths in 2001,‡ thousands	Disability- adjusted life- years in 2001,† thousands
	2003	2025	2003	2025	Low estimate	High estimate		
Developing countries	140 849	264 405	4.5	5.9	12 304	23 127	757	15 804
East Asia and the Pacific	31 363	60 762	2.6	3.9	1 368	2 656	234	4 930
Europe and Central Asia	25 764	33 141	7.6	9.0	2 884	5 336	51	1 375
Latin America and the Caribbean	19 026	36 064	6.0	7.8	4 592	8 676	163	2 775
Middle East and North Africa	10 792	23 391	6.4	7.9	2 347	4 340	31	843
South Asia	46 309	94 848	5.9	7.7	840	1 589	196	4 433
Sub-Saharan Africa	7 595	16 199	2.4	2.8	273	530	82	1 448
Developed countries	53 337	68 345	7.8	9.2	116 365	217 760	202	4 192
World	194 186	332 748	5.1	6.3	128 669	240 887	959	19 996

\*Source: *Diabetes atlas*. 2nd ed. Brussels: International Diabetes Federation; 2003.

†Source: World Health Organization. *Global burden of disease for the year 2001 by World Bank region, for use in disease control priorities in developing countries*. 2nd ed. Geneva: World Health Organization; 2002.

‡For people 20-79 years of age.