

e-Table 3: Estimated growth (changes in outcomes over time) and differences in adjusted mean outcome scores* at baseline and at third follow-up visit among single mothers in the intervention and control groups

Outcome measure; group	Estimated growth, β_1 (SE)	Adjusted mean score at baseline, β_0 (SE)	Adjusted mean score at third follow-up visit, β_3 (SE)
Mood			
Control	-1.45 (0.41) [†]	18.38 (2.17) [†]	12.22 (2.24) [†]
Δ Intervention – Control	0.15 (0.56)	-2.94 (1.99)	-2.30 (2.15)
Self-esteem			
Control	-0.30 (0.15) [‡]	19.32 (1.04) [†]	18.04 (1.03) [†]
Δ Intervention – Control	-0.33 (0.20)	0.26 (0.93)	-1.16 (0.92)
Social support			
Control	-1.15 (0.34) [†]	47.59 (2.32) [†]	42.70 (2.36) [†]
Δ Intervention – Control	-0.35 (0.47)	1.25 (2.06)	-0.25 (2.16)
Parenting			
Control	-1.61 (0.60) [§]	97.12 (3.98) [†]	90.30 (3.99) [†]
Δ Intervention – Control	0.36 (0.82)	-1.62 (3.58)	-0.09 (3.63)

Note: SE = standard error, Δ = difference in values between intervention and control groups.

*Adjusted for covariates “treated for nerves” and “wages or salaries as source of financial support.”

[†] $p < 0.001$.

[‡] $p < 0.05$.

[§] $p < 0.01$.

Shown in the table are modelled estimates of growth as well as outcome scores at baseline and the third follow-up visit (mean 20.2 months after baseline) after adjustment for 2 covariates (“treated for nerves” and “wages or salaries as source of financial support”). The β_1 growth data indicate the slope of the curve (the rate of change as a function of the square root of time [in months]) from study onset to the final follow-up visit. For example, at baseline, the adjusted mean score for mood (as measured by the Center for Epidemiologic Studies Depression (CES-D) Scale⁴³) was 18.38 points in the control group and 2.94 points lower in the intervention group; at the third follow-up visit, the mean score decreased to 12.22 points (i.e., mood improved) in the control group and was 2.30 points lower in the intervention group. The rate of change (β_1) from baseline to the third follow-up visit was -1.45 in the control group and -1.30 in the intervention group (i.e., mood improved slightly in both groups), for a difference of 0.15 between the groups.