

INFORMATION

Where can I find more information?

There are several places that can help you get the information and support you need. For example, you can call the nationwide the Cancer Information Service at 888 939-3333. There are no long-distance charges.

Many recent publications can help you learn more about your treatment and about coping with breast cancer. Some of the best include the following:

Breast Cancer and You by T.A. Al-Tweigeri, R. Clark, C. Harkness, R. Hasselback, J. Gorski, H. Hatton H and others. Published in *Current Oncology* 1996;S1-S32. Available without charge from the Cancer Information Service (tel 888 939-3333) or the National Breast Cancer Fund (tel 416 544-8487). A French version is available under the title *Vous et le cancer du sein*.

The Complete Breast Book by J. Engel. Published by Key Porter Books, Toronto. 1996 [ISBN 1-55013-643-7, 235 pages, paperback].

Dr. Susan Love's Breast Book. by S.M. Love and K. Lindsay. 2nd edition. Published by Addison-Wesley Publishing, Reading, Mass. 1995 [ISBN 0-202-40835-X, 627 pages].

Everyone's Guide to Cancer Therapy: How Cancer Is Diagnosed, Treated, and Managed Day to Day by M. Dollinger, E.H. Rosenbaum and G. Cable. 2nd revised edition. Adapted by the Canadian Medical Association. Published by Somerville House Books Ltd. Toronto. 1995. [ISBN 1-895897-40-8. 706 pages, paperback].

Facts on Breast Cancer. Canadian Cancer Society, Toronto. Available from the

Canadian Cancer Society (tel 416 777-4428). [booklet. 20 pages (Canadian Cancer Society code no. 211962)]. A French version is available under the title *Faits sur le cancer du sein*.

Guide du traitement de la douleur chez le patient cancéreux. (1995). Published by the Conseil consultatif de pharmacologie, Gouvernement du Québec. Bibliothèque nationale du Québec, 1995.

Intelligent Patient Guide to Breast Cancer by I. Olivotto, K. Gelmon and U. Kuusk. Published by Intelligent Patient Guide Ltd., 517-750 West Broadway, Vancouver BC V5Z 1H4, 1995 [ISBN 0-9696125-1-6. 280 pages].

Pain Relief: Information for People with Cancer and their Families. Canadian Cancer Society and Health Canada. 3rd revised edition. 1997. Available from the local office of the Canadian Cancer Society or the Cancer Information Service 888 939-3333. [booklet. 25 pages (Canadian Cancer Society code no. 311-578)]. A French version is available under the title *Soulager la douleur — Guide destiné aux personnes souffrant du cancer et a leurs familles*.

What You Need to Know About Breast Cancer. Published by The Burlington Breast Cancer Support Services Working Group, in collaboration with the Ontario Breast Cancer Information Exchange Network and Avon. 1996. Available from Avon (tel 800 265-2866). A French version is available under the title *Ce que vous devez savoir sur le cancer du sein*.♦