

Appendix 2: Data extraction spreadsheets

Methodological quality

Study	Defined sample	Consecutive cases	Study attrition	Follow-up rate >80%	Complete follow up	Prognosis	Study

Descriptive information

Study	Source	Location	No. of participants	Onset of pain before study entry	Outcomes extracted	Follow-up

Pain outcome

Study	LBP classification (as reported in paper)	Outcome measure (including scale)	Time point collected (as described in the paper)	Follow up time points	Follow up in WEEKS	Mean LBP duration at inception

Upper limit of LBP duration at inception	N (for each time point)	Pain Mean	Pain SD	Pain mean /100	Pain SD /100	CI Lower

CI Upper	± CI	Comments	Group Classification (MA acute/subacute/persistent classification)	Sensitivity Analysis 1 (excl radicul)	Sensitivity Analysis 2 (18-60 years)

Disability outcome

Study	LBP classification (as reported in paper)	Outcome measure (including scale)	Time point collected (as described in the paper)	Follow up time points	Follow up in WEEKS	Mean LBP duration at inception

Upper limit of LBP duration at inception	N (for each time point)	Disability Mean	Disability SD	Disability mean /100	Disability SD /100	CI Lower

CI Upper	± CI	Comments	Group Classification (MA acute/subacute/persistent classification)	Sensitivity Analysis 1 (excl radicul)	Sensitivity Analysis 2 (18-60 years)

Recovery

Study	Definition of recovery	Outcomes	Analysis	Results	Comments