

Appendix 1 (as supplied by the authors): Malnutrition resources for physicians

- Local Meals on Wheels (example: <http://www.mealsonwheels.ca/>) and grocery delivery services (examples: <https://www.loblaws.ca/delivery>, <https://www.realcanadiansuperstore.ca/delivery>) can be a great resource for Canadians who live alone and are not always mobile to purchase and/or prepare food.
- Canadian Malnutrition Task Force resources: <http://nutritioncareincanada.ca/resources>
- Malnutrition education and awareness resources for health care professionals in the community: <http://nutritioncareincanada.ca/tools/tools-for-community>
- Ontario Clinical Nutrition Leaders Action Group: An Inter-professional Approach to Malnutrition in Hospitalized Adults:
<https://www.dietitians.ca/Downloads/Public/Interprofessional-Approach-to-Malnutrition-in-Hosp.aspx>
- Validated Nutrition Screening and Assessment Tools:
 - Canadian Nutrition Screening Tool:
<http://nutritioncareincanada.ca/sites/default/uploads/files/CNST.pdf>
 - Subjective Global Assessment:
[http://nutritioncareincanada.ca/sites/default/uploads/files/SGA%20Tool%20EN%20colour%202017\(1\).pdf](http://nutritioncareincanada.ca/sites/default/uploads/files/SGA%20Tool%20EN%20colour%202017(1).pdf)
 - The validated 2-step malnutrition screening and diagnosis system called the Integrated Nutrition Pathway for Acute Care (INPAC) is being implemented in some Canadian hospitals: <http://nutritioncareincanada.ca/inpac>