

**Appendix 8 (as supplied by the authors): Risk of decline in functional status in tertiles of resting heart rate and SDNN after inclusion of participants who completed 36 months of follow-up**

	Tertiles of HR/SDNN			P for trend
	Low	Middle	High	
<b>Heart Rate</b>	n=1513	n=1576	n=1463	
ADL, OR (95% CI)				
Model 1	1 (ref)	1.15 [0.93;1.43]	1.72 [1.40;2.12]	<0.001
Model 2	1 (ref)	1.23 [0.98;1.54]	1.86 [1.48;2.33]	<0.001
IADL, OR (95% CI)				
Model 1	1 (ref)	1.04 [0.86;1.25]	1.30 [1.08;1.56]	0.005
Model 2	1 (ref)	1.06 [0.87;1.28]	1.30 [1.06;1.59]	0.009
<b>SDNN</b>	n=1491	n=1530	n=1531	
ADL, OR (95% CI)				
Model 1	1.30 [1.07;1.58]	0.91 [0.74;1.12]	1 (ref)	0.008
Model 2	1.23 [1.01;1.50]	0.87 [0.71;1.08]	1 (ref)	0.04
IADL, OR (95% CI)				
Model 1	1.34 [1.12;1.61]	1.11 [0.93;1.34]	1 (ref)	0.001
Model 2	1.28 [1.07;1.54]	1.08 [0.90;1.30]	1 (ref)	0.008

Abbreviations: HR: Heart Rate; SDNN: Standard Deviation of the Normal to Normal R-R intervals; n: Number; msec: milliseconds; ADL: basic Activities of Daily Living; IADL: Instrumental Activities of Daily Living; OR: Odds Ratio; CI: Confidence Interval. Model 1: adjusted for country, age, sex, education. Model 2: adjusted for country, age, sex, education, ADL/IADL at baseline, smoking, body mass index, history of hypertension, history of diabetes mellitus, history of claudication, history of myocardial infarction, history of stroke/transient ischemic attack, statin treatment, diuretics, angiotensin converting enzyme inhibitors, angiotensin receptor blockers, beta-blockers, calcium-channel blockers, nitrates, aspirin and anticoagulants.