

Appendix 3 (as supplied by the authors): Risk of decline in functional status in tertiles of resting heart rate and SDNN in the minimally adjusted models

	Tertiles of HR/SDNN			P for trend
	Low	Middle	High	
Heart Rate	n=1649	n=1742	n=1651	
HR range, beats/min	34-60	61-70	71-117	
ADL, OR (95% CI)				
Model 1	1 (ref)	1.16 [0.95;1.42]	1.70 [1.40;2.06]	<0.001
IADL, OR (95% CI)				
Model 1	1 (ref)	1.06 [0.90;1.27]	1.37 [1.15;1.63]	<0.001
SDNN	n=1689	n=1670	n=1683	
SDNN range, msec	1.70-13.30	13.40-26.50	26.60-422.60	
ADL, OR (95% CI)				
Model 1	1.28 [1.06;1.54]	0.88 [0.72;1.07]	1 (ref)	0.008
IADL, OR (95% CI)				
Model 1	1.30 [1.10;1.53]	1.11 [0.94;1.32]	1 (ref)	0.003

Abbreviations: HR: Heart Rate; SDNN: Standard Deviation of the Normal to Normal R-R intervals; n: Number; msec: milliseconds; ADL: basic Activities of Daily Living; IADL: Instrumental Activities of Daily Living; OR: Odds Ratio; CI: Confidence Interval. Model 1: adjusted for country, age, sex and education.