

Appendix 12 (as supplied by the authors): Risk of decline in functional status in groups of resting heart rate

	Groups of HR (beats/minute)				P for trend
	< 50 n = 284	50-60 n = 1365	61-70 n = 1742	71-117 n = 1651	
ADL, OR (95% CI)	0.76 [0.49;1.19]	1 (ref)	1.19 [0.95;1.48]	1.73 [1.39;2.15]	0.002
IADL, OR (95% CI)	1.32 [0.95;1.84]	1 (ref)	1.12 [0.93;1.36]	1.41 [1.16;1.72]	<0.001

Abbreviations: HR: Heart Rate; n: Number; ADL: basic Activities of Daily Living; IADL: Instrumental Activities of Daily Living; OR: Odds Ratio; CI: Confidence Interval. Adjusted for country, age, sex, education, ADL/IADL at baseline, smoking, body mass index, history of hypertension, history of diabetes mellitus, history of claudication, history of myocardial infarction, history of stroke/transient ischemic attack, statin treatment, diuretics, angiotensin converting enzyme inhibitors, angiotensin receptor blockers, calcium-channel blockers, nitrates, aspirin and anticoagulants.