

Appendix 11 (as supplied by the authors): Risk of decline in functional status in tertiles of standardized SDNN

	Tertiles of standardized SDNN			P for trend
	Low n=1680	Middle n=1681	High n=1681	
SDNN range, msec	0.02-0.20	0.20-0.43	0.43-7.85	
ADL, OR (95% CI)				
Model 1	1.32 [1.10;1.59]	0.98 [0.80;1.19]	1 (ref)	0.003
Model 2	1.26 [1.04;1.53]	0.94 [0.77;1.15]	1 (ref)	0.015
IADL, OR (95% CI)				
Model 1	1.31 [1.11;1.55]	1.17 [0.99;1.39]	1 (ref)	0.002
Model 2	1.26 [1.06;1.49]	1.14 [0.96;1.35]	1 (ref)	0.010

Abbreviations: SDNN: Standard Deviation of the Normal to Normal R-R intervals; n: number; msec: milliseconds; ADL: basic Activities of Daily Living; IADL: Instrumental Activities of Daily Living; OR: Odds Ratio; CI: Confidence Interval. Model 1: adjusted for country, age, sex, education. Model 2: adjusted for country, age, sex, education, ADL/IADL at baseline, smoking, body mass index, history of hypertension, history of diabetes mellitus, history of claudication, history of myocardial infarction, history of stroke/transient ischemic attack, statin treatment, diuretics, Angiotensin Converting Enzyme inhibitors, angiotensin receptor blockers, beta-blockers, calcium-channel blockers, nitrates, aspirin, anticoagulants.