

Appendix 3 (as supplied by the authors): Details of the quality improvement strategies examined in the included studies								
Study	QI Strategy	Outreach	Navigator	Control	Personnel Providing QI Delivery	Frequency of Treatment	Session Duration, hours	Duration of Intervention, mo
Botha 2014 (1) (CR: Botha 2010 (37))	CM, TC	Yes	Unclear	Weak CM	Psychiatrist, social worker, psychiatric nurse, with access to psychologist, occupational therapist as needed	Every 2 wk, as needed	NR	12
Burns 2014 (2)	CM, SM, PE	No	Yes	Usual care	Community health worker	1 or more in-hospital visits, weekly calls	NR	1
Gellis 2014 (3) (CR: Gellis 2012 (38))	FR, CM, SM, PE, CE	Yes	Yes	Usual care	Three telehealth trained nurses	daily telemonitoring, 8 weekly sessions of PST	PST session–35 minutes	3
Ruchlewska 2014 (4)	SM	No	No	Usual care	Clinicians (most psychiatric nurses)	NR	NR	NR
Puschner 2011 (5)	TC, SM	Unclear	Unclear	Usual care	Clinician, intervention worker, research staff	Before discharge, 3 mo after discharge	NR	3
Courtney 2009 (6)	CM, TC, SM, PE	Yes	Unclear	Usual care	Nurses, physiotherapists	Daily in hospital, home visit within 48 hrs of discharge, weekly calls for 4 weeks, monthly calls for 5 mo, as needed	Walking: 3-10 min 2-4x/week; strengthening: Contractions were held for 3	6
Killaspy 2009 (7) (CR: Killaspy 2006 (39))	CM, TC	Yes	Unclear	Weak CM	Multidisciplinary team	Mean 5.4 contacts/mo	NR	18

Appendix 3 (continued)								
Study	QI Strategy	Outreach	Navigator	Control	Personnel Providing QI Delivery	Frequency of Treatment	Session Duration, hours	Duration of Intervention, mo
Koehler 2009 (8)	TC, CM PE, SM, CIS	No	No	PE	3 care coordinators (highly experienced with advanced nursing certifications), clinical pharmacists (upper-level pharmacy residents completing their inpatient clinical rotations)	Daily in-hospital, upon discharge, 1 week post-discharge	NR	0.25
Bellon 2008 (9)	SM, CQI, CE	Yes	Unclear	Usual care	3 trained and experienced physicians, specialized nurse case manager	NR	NR	3
Lichtenberg 2008 (10)	CM, TC, SM	Yes	Yes	Usual care	Case managers: social workers, psychologists, occupational therapists, psychiatric nurses with at least 2 years' experience	NR	NA	12
Shumway 2008 (11)	CM	Yes	Yes	Usual care	Master's-level social worker	As needed	NR	24
Rivera 2007 (12)	CM	Yes	Unclear	Weak CM	Social workers, program directors	Ongoing, as needed	NR	12
Schreuders 2007 (13) (CRs: Schreuders 2005 (40), Bosmans 2012 (41))	CM, SM	Unclear	Unclear	Usual care	12 community nurses from a mental health care institution	4-6 sessions	Max.1 for first session, max 0.5 for subsequent sessions	3
Sledge 2006 (14)	CM, TC, SM	Yes	Yes	Usual care	Psychiatric nurse	As needed, minimum 1 phone call/mo	NR	12
Scott 2004 (15) (CR: Coleman 2001 (42))	TC, PE	Unclear	Unclear	Usual care	19 primary care physicians and nurses (with physical therapists, pharmacists, occupational therapists, community resources as needed)	1/mo	1.5	24
Castro 2003 (16)	CM, PE, SM	Yes	Unclear	Usual care	Nurses	NR	NR	6

Appendix 3 (continued)								
Study	QI Strategy	Outreach	Navigator	Control	Personnel Providing QI Delivery	Frequency of Treatment	Session Duration, hours	Duration of Intervention, mo
Laramee 2003 (17)	CM, TC, PE, SM	No	Yes	Usual care	Case manager (with master's degree and 18 years experience in critical care and cardiology), consultations from social services, dietary services, physical therapy, occupational therapy	As needed in-hospital, phone call at 1-3 days post-discharge, weekly for 1 mo, then bi-weekly for 2 mos	5-45 minute phone calls	3
Harrison-Read 2002 (18)	CM, TC, SM	Yes	Unclear	Weak CM	Social worker, 2 part-time clinical psychologists, specialist registrar psychiatrist, 3 community mental health nurses, occupational therapist who acted as team coordinator	NR	NR	24
Kasper 2002 (19)	CM, TC, PE, SM, FI	Yes	Unclear	Usual care	Telephone nurse coordinator, nurse, cardiologist	Nurse calls within 72 hr of discharge, weekly for 1 mo, 2 times in 2 nd mo; as needed Cardiologist visit at baseline and 6 mo	NR	6
Katzelnick 2000 (20) (CR: Simon 2001 (43))	CM, PE, CE	Unclear	Unclear	No intervention	Physician and coordinators (with bachelor's or master's degrees and some clinical mental health experience) plus 1 or 2 psychiatrist consultants	Follow-up at 1,3,6, and 10 wk; subsequently 1 visit/10 wk	NR	12
Salkever 1999 (21)	CM, TC, PE	Yes	Unclear	Weak CM	Community mental health professionals	Availability 24 h/d, 7 d/wk	NR	18

Appendix 3 (continued)								
Study	QI Strategy	Outreach	Navigator	Control	Personnel Providing QI Delivery	Frequency of Treatment	Session Duration, hours	Duration of Intervention, mo
Burns 1999 (22) (CRs: UK700 (44), Burns 2000 (45), Burns 2002 (46), Hassiotis 2001 (47))	CM	Yes	Unclear	Weak CM	Case managers (mainly nurses, but also occupational therapists, mental-health support workers, and psychologists)	As needed	NR	24
Coleman 1999 (23)	TC, SM, CE	Unclear	Unclear	Usual care	Physicians, nurses, social worker, pharmacist	Every 3-4 mo	Extended 30 min with physician and team nurse; 15 min with pharmacist; 45 min self management group	24
Gagnon 1999 (24)	CM	Yes	Unclear	Usual care	Nurse case manager	1 phone call/mo; 1 home visit/6 wk; follow-up as needed	NR	10
Essock 1998 (25) (CR Essock 2006 (48))	CM, TC	Yes	Unclear	Weak CM	Physicians, nurses, part-time psychiatrist	NR	NR	18
Stewart 1998 (26)	TC, CM, PE, SM	Yes	No	Usual care	Nurse, pharmacist	Before discharge and 1 week post-discharge	NR	NR
Beck 1997 (27)	TC, PE, FR	Unclear	Unclear	Usual care	Physicians, nurses, psychologist	1/mo	2	12
Spillane 1997 (28)	TC	Unclear	Unclear	Usual care	Social worker, psychiatrist, emergency department nurse, primary care provider or clinic nurse	As needed	NR	12

Appendix 3 (continued)								
Study	QI Strategy	Outreach	Navigator	Control	Personnel Providing QI Delivery	Frequency of Treatment	Session Duration, hours	Duration of Intervention, mo
Lafave 1996 (29)	CM, TC, SM	Yes	Unclear	Usual care	Psychiatrist, nurses, social workers, vocational counselor, support worker with mental illness	1/wk to several times daily	NR	12
Quinlivan 1995 (30)	CM	Unclear	Unclear	Weak CM	2 case managers, 2 community living aides	NR	NR	24
Rich 1995 (31) (CR: Rich 1996 (49))	CM, TC, PE, SM	Yes	Unclear	Usual care	Study nurse, dietician, social service personnel, geriatric cardiologist	NR	NR	3
Rosenheck 1995 (32) (CR: Rosenheck 1998 (50))	CM, TC	Yes	Unclear	Weak CM	Masters-level nurses, social workers, psychiatrist (occasional)	As needed	NR	24
Muijen 1994 (33)	CM	Yes	Unclear	Weak CM	Nurse	Mean 2.9 contacts/mo	NR	NR
Rich 1993 (34)	TC, CM, PE, SM	Yes	Unclear	Usual care	Cardiovascular nurse, dietician, cardiologist, social worker	Daily in hospital, within 48 hours of discharge, 3 times in week 1, as needed (ongoing phone contact)	NR	3
Bond 1988 (35)	CM	Yes	Unclear	Weak CM	Case managers	As needed	NR	6
Franklin 1987 (36)	CM	Unclear	Unclear	Usual care	Supervisor, 7 case managers (social work, sociology, psychology, counselling, business administration degrees. mental health experience)	As needed	NR	12
<p>Abbreviations: AF, Audit and feedback; CE, Clinician education; CIS, Clinical information system; CM, Case management; CQI, Continuous quality improvement; CR, Companion report; DS, Decision support; FI, Financial incentives; FR, Facilitated relay of clinical information; Mo, Month; NR, not reported; PE, Patient education; PR, Patient reminders; PST, Problem-solving treatment; QI, Quality improvement; SM, Self-management; TC, Team changes; Wk, Week.</p>								

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