

Appendix 3 (as supplied by the authors): Characteristics of the randomized controlled trials included in the systematic review (part 1 of 4)

| | Guérin et al (1) 2013 | Taccone et al (2) 2009 | Fernandez et al (3) 2008 | Chan et al (4) 2007 |
|---|---|--|---|---|
| Patient Characteristics | | | | |
| Patients | 474 | 344 | 42 | 22 |
| Enrolment period | 2008-2011 | 2004-2008 | 2003-2004 | 2002-2003 |
| Enrolment criteria | ARDS ^a with PaO ₂ /FiO ₂ <150, PEEP ≥5 cmH ₂ O, FiO ₂ ≥0.6 after 12-24 hour stabilization period | ARDS ^a with PEEP ≥5 cmH ₂ O | ARDS ^a | ARDS ^a secondary to community-acquired pneumonia |
| Mean enrolment PaO ₂ /FiO ₂ (mm Hg) | 100 | 113 | 118 | 109 |
| Mean enrolment PEEP (cmH ₂ O) | 10 | 10 | 11 | 13 |
| Mean enrolment FiO ₂ (cmH ₂ O) | 0.79 | 0.72 | 0.85 | 0.88 |
| Time after meeting enrolment criteria | < 36 hours | <72 hours | <48 hours | <72 hours |
| Last follow-up investigated | 90 days | 6 months | Hospital discharge | Hospital discharge |
| Details of Prone Positioning | | | | |
| Planned duration | ≥16 hours/day until weaning criteria | 20 hours/day for 28 days | 20 hours/day until weaning criteria | 24 hours/day continuous for at least 72 hours |
| Actual duration (average) | 17 hours for 4 days | 18 hours for 8.3 days | 18 hours ^d | 24 hours for 4.4 days |
| Prone discontinuation criteria | PaO ₂ /FiO ₂ ≥150, PEEP ≤5 cmH ₂ O, FiO ₂ ≤ 0.6 | FiO ₂ ≤40% and PEEP ≤10 cmH ₂ O | PaO ₂ /FiO ₂ >250 & PEEP ≤8 cmH ₂ O for 12 hours | SpO ₂ >90%, FiO ₂ <60% for >24 hours (after 72 hours) |
| Crossover criteria (supine to prone) | PaO ₂ /FiO ₂ <55 despite PEEP ≥24 cmH ₂ O, FiO ₂ =1.0, iNO, recruitment manouvres and almitrine bismesylate | PaO ₂ ≤55 mmHg on FiO ₂ =1.0 and PEEP ≥15 cmH ₂ O | FiO ₂ =1.0 and PEEP =24 cmH ₂ O for 6 hours | No |
| Details of Mechanical Ventilation | | | | |
| Protective mechanical ventilation | Yes | Yes (<i>i.e.</i> , Vt ≤ 8ml/kg of PBW ^c) | Yes (<i>i.e.</i> , Vt 6-8 ml/kg of PBW ^c) | Yes (<i>i.e.</i> , Vt 6-8 ml/kg of IBW ^e) |
| Weaning protocol | Yes | No | Yes | No |
| Pre-defined sedation targets | Yes | No | Yes | No |

Appendix 3 (as supplied by the authors): Characteristics of the randomized controlled trials included in the systematic review (part 2 of 4)

| | Mancebo et al (5) 2006 | Curley et al (6) 2005 | Voggenreiter et al (7) 2005 | Guérin et al (8) 2004 |
|---|--|--|--|---|
| Patient Characteristics | | | | |
| Patients | 142 | 102 children (age 2 weeks to 18 y) | 40 | 802 |
| Enrolment period | 1998-2002 | 2001-2004 | 1999-2001 | 1998-2002 |
| Enrolment criteria | ARDS ^a with four-quadrant infiltrates on CXR | ALI/ARDS ^a | ALI (for at least 24h)/ARDS (for at least 8h) ^a with PEEP ≥5 cmH ₂ O | Hypoxemic acute respiratory failure (413 ALI/ARDS ^a pts) |
| Mean enrolment PaO ₂ /FiO ₂ (mm Hg) | 105 | 100 | 221 | 152 |
| Mean enrolment PEEP (cmH ₂ O) | 7 | 9 | 11.5 | 8 |
| Mean enrolment FiO ₂ (cmH ₂ O) | 0.82 | 0.60 | 0.49 | 0.66 |
| Time after meeting enrolment criteria | <48 hours | <48 hours | <48 hours | >12-24 hours |
| Last follow-up investigated | Hospital discharge | Hospital discharge or 28 days | Hospital discharge | 90 days |
| Details of Prone positioning | | | | |
| Planned duration | 20 hours/day until weaning criteria | 20 hours/day until weaning criteria (max 7d) | 8-23 hours/day until weaning criteria | ≥8 hours/day until weaning criteria |
| Actual duration (average) | 17 hours for 10.1 days | 18 hours for 4 days | 11 hours for 7 days | 9 hours for 4.1 days |
| Prone discontinuation criteria | FiO ₂ ≤45% and PEEP ≤5 cmH ₂ O | Spontaneous breathing & OI<6 | PaO ₂ /FiO ₂ >300 for 48 hours | clinical improvement ^b |
| Crossover criteria (supine to prone) | PaO ₂ ≤60 mmHg on FiO ₂ =1.0 and PEEP =20 cmH ₂ O | No | No | PaO ₂ /FiO ₂ <100 for 12 hours |
| Details of Mechanical Ventilation | | | | |
| Protective mechanical ventilation | No (<i>i.e.</i> , Vt ≤10ml/kg of ABW or estimated BW) | Yes (<i>i.e.</i> , Vt 6-7 ml/kg of IBW ^f) | Yes (<i>i.e.</i> , Vt 6-8 ml/kg of actual BW at ICU admission) | No |
| Weaning protocol | Yes | Yes | No | Yes |
| Pre-defined sedation targets | Yes | Yes | No | No |

Appendix 3 (as supplied by the authors): Characteristics of the randomized controlled trials included in the systematic review (part 3 of 4)

| | Beuret et al (9) 2002 | Watanabe et al (10) 2002 | Gattinoni et al (11) 2001 |
|---|---|--|---|
| Patient Characteristics | | | |
| Patients | 53 | 16 | 304 |
| Enrolment period | 1997-2000 | 1995-1999 | 1996-1999 |
| Enrolment criteria | Intubated coma (7 ALI/ARDS ^a pts) | PaO ₂ /FiO ₂ <200 with PEEP >5 cmH ₂ O | ALI/ARDS ^a with PEEP ≥5 cmH ₂ O |
| Mean enrolment PaO ₂ /FiO ₂ (mm Hg) | 326 (238 in 7 ALI/ARDS pts) | 166 ^g | 127 |
| Mean enrolment PEEP (cmH ₂ O) | Not reported | Not reported | 10 |
| Mean enrolment FiO ₂ (cmH ₂ O) | Not reported | Not reported | 0.73 |
| Time after meeting enrolment criteria | <24 hours | 5 days post esophagectomy | not prespecified |
| Last follow-up investigated | Hospital discharge | 4 days | 6 months |
| Details of Prone positioning | | | |
| Planned duration | 4 hours/day until weaning criteria | 6 hours/day for at 4 days (fixed duration) | 6 hours/day for 10 days |
| Actual duration (average) | 4 hours for 6.0 days | 6 hours for 4 days | 7 hours for 4.7 days |
| Prone discontinuation criteria | Able to sit in chair | Not applicable | None |
| Crossover criteria (supine to prone) | PaO ₂ /FiO ₂ <150 | No | No |
| Details of Mechanical Ventilation | | | |
| Protective mechanical ventilation | No | No | Consensus conference guidelines ^a |
| Weaning protocol | No | No | No |
| Pre-defined sedation targets | No | Yes | No |

Abbreviations: ABW, actual body weight; ALI, acute lung injury; ARDS, acute respiratory distress syndrome; BW, body weight; CXR, chest x-ray; FiO₂, fractional concentration of inspired oxygen; IBW, ideal body weight; OI, oxygenation index; PaO₂, partial pressure of arterial oxygen; PEEP, positive end-expiratory pressure; SAPS, Simplified Acute Physiology Score; Vt, tidal volume.

^a according to the criteria of the American–European Consensus Conference.¹²

^b Defined by 1 major (relative improvement of PaO₂/FiO₂ ≥30% relative to randomization, with FiO₂ ≤60%) and at least 1 minor criterion (PEEP ≤8 cmH₂O, no sepsis, cause of acute respiratory failure under control (stable or improving chest x-ray, and <3 organ dysfunctions, including lung dysfunction).

^c predicted body weight was calculated as 50 + 0.91 · (height in centimeters - 152.4) for male patients and as 45.5 + 0.91 · (height in centimeters - 152.4) for female patients.¹³

^d average over first 2 days only; average number of days prone not available

^e ideal body weight was calculated as (height in centimeters – 80) · 0.7 for male patients and as (height in centimeters – 70) · 0.6 for female patients

^f ideal body weight was determined for sex and recumbent length to 3 years of age using the National Center for Health Statistics growth charts. Predicted weight charts for sex/stature beyond 3 years of age was generated by identifying the 50th percentile weight associated with age then linking that data to the 50th percentile height. See http://www.cdc.gov/nchs/nhanes/growthcharts/clinical_charts.htm.

^g prone group only (baseline PaO₂/FiO₂ in supine group not reported)

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