

Appendix 1 (as supplied by the authors): Patient characteristics

Reference	Sex, % female	Age, yr, mean (SD) [range]	Diagnostic criteria for MCI [qualifying score]	Comorbidities
Winblad et al. ²⁷	54	69.65 (9.1)	CDR [0.5] Gradual onset and slow progression of cognitive disabilities NYU Delayed Paragraph Recall Test [≤10]	Hypertension
Winblad et al. ²⁷	57	70.75 (8.68)	CDR [0.5] Gradual onset and slow progression of cognitive disabilities NYU Delayed Paragraph Recall Test [≤10]	Hypertension
Ozenli et al. ²⁸	55	66.05(3.35) [61–72]	DSM-IV MMSE [≥24 and ≤26]	Diabetes mellitus, type 2 diabetes, hypertension
Salloway et al. ²⁹	42	72.4 (8) [55–90]	ADL [≥1.5 on 3 functional domains: home and hobbies, community affairs, personal care] CDR [0.5 or 1] MMSE [≥24]	NR
Petersen et al. ³⁰	46	72.9 (7.3)	CDR [0.5] MMSE [24–30] WMS: logical memory delayed recall [1.5 to 2 SD below an education-adjusted norm]	NR
Doody et al. ³¹	45	70 (10) [45–90]	CDR [0.5] MMSE [24–28] WMS: logical memory II delayed paragraph recall subtest [≤8]	NR
Feldman et al. ³²	52	70.45 (7.5)	CDR [0.5] NYU Delayed Paragraph Recall Test [≤9]	Hypercholesterolemia, hypertension, insomnia
Ferris et al. ³³	65	66.7 (8.6) [50–79]	GDS [≤11] MMSE [≥26] WMS-R [at least 1 SD below the mean]	NR

Note: ADL = activities of daily living; CDR = Clinical Dementia Rating; DSM-III-R = *Diagnostic and Statistical Manual of Mental Disorders*, third edition, revised; DSM-IV = *Diagnostic and Statistical Manual of Mental Disorders*, fourth edition; GDS = Global Deterioration Scale; MCI = mild cognitive impairment; MMSE = Mini-Mental State Examination; NR = not reported; NYU = New York University; SD = standard deviation; WMS = Wechsler Memory Scale; WMS-R = Wechsler Memory Scale Revised.