

**Appendix 1 (as supplied by the authors): List of physical and mental health conditions**  
 List of physical and mental health conditions<sup>1</sup>

Physical conditions	Mental health conditions
Hypertension	Depression
Painful condition	Anxiety & other neurotic, stress related & somatoform disorders
Asthma (currently treated)	Alcohol problems
Coronary heart disease	Other psychoactive substance misuse
Treated dyspepsia	Dementia
Diabetes	Schizophrenia (and related non-organic psychosis) or bipolar disorder
Thyroid disorders	Learning disability
Rheumatoid arthritis, other inflammatory polyarthropathies & systematic connective tissue disorders	Anorexia or bulimia
Hearing loss	
Chronic obstructive pulmonary disease	
Irritable bowel syndrome	
New diagnosis of cancer within last 5 years	
Treated constipation	
Stroke & transient ischaemic attack	
Chronic kidney disease	
Diverticular disease of intestine	
Atrial fibrillation	
Peripheral vascular disease	
Heart failure	
Prostate disorders	
Glaucoma	
Epilepsy (currently treated)	
Psoriasis or eczema	
Inflammatory bowel disease	
Migraine	
Blindness & low vision	
Chronic sinusitis	
Bronchiectasis	
Parkinson's disease	
Multiple sclerosis	
Viral hepatitis	
Chronic liver disease	

Reference

1. Barnett K, Mercer SW, Norbury M, Watt GC, Wyke S, Guthrie B. The epidemiology of multimorbidity in a large cross-sectional dataset: implications for healthcare, research and medical education. *Lancet* 2012; **380**:37-43.