

**Appendix 6 (as supplied by the authors): Association of the number of healthy behaviours with successful aging and survival using inverse probability weighting to take into account missing values at follow-up**

Number of healthy behaviours	Successful aging*		Survival*	
	Adjusted OR <sup>†</sup>	95% CI	Adjusted OR <sup>†</sup>	95% CI
0	1	Reference	1	Reference
1	1.25	0.80, 1.97	1.64	1.15, 2.34
2	1.74	1.14, 2.67	2.09	1.49, 2.94
3	2.21	1.44, 3.38	3.15	2.20, 4.51
4	3.27	2.09, 5.12	3.95	2.51, 6.21
<i>P for trend</i>		<i>&lt;.0001</i>		<i>&lt;.0001</i>
0	1	Reference	1	Reference
1-4	1.93	1.28, 2.92	2.33	1.69, 3.20

Abbreviations: OR odds ratio, CI confidence interval.

\* The two binary outcomes are successful aging vs not, and survival until the end of the 16-year of follow-up vs death.

† Odds ratios and 95% CIs are adjusted for age, sex, education, marital status, and mutually adjusted for all health behaviours.