

Appendix 4 (as supplied by the authors): Association of the number of healthy behaviours with successful aging excluding mortality cases from the population

Number of healthy behaviours	Adjusted* Odds Ratios for Successful Aging	
	OR	95% CI
0	1	Reference
1	1.16	0.73, 1.85
2	1.55	1.00, 2.41
3	1.90	1.22, 2.95
4	2.77	1.75, 4.39
<i>P for trend</i>		<i><.0001</i>
0	1	Reference
1-4	1.71	1.11, 2.63

Abbreviations: OR odds ratio, CI confidence interval.

* Odds ratios and 95% CIs are adjusted for age, sex, education, and marital status.

