

**Appendix 2 (as supplied by the authors): Association of alcohol consumption with successful aging and survival (N=5100)**

Alcohol consumption (units/week)	Total N	N of cases	Successful Aging* (n =953)*		N of survivors	Survival* (n = 4551)	
			Adjusted Odds Ratios <sup>†</sup>	95% CI		Adjusted Odds Ratios <sup>†</sup>	95% CI
MEN							
None	503	72	0.70	0.53, 0.92	73	0.68	0.50, 0.92
1-14	1881	389	1	Reference	180	1	Reference
15-21	518	120	1.11	0.87, 1.41	42	1.11	0.78, 1.59
≥21	692	125	0.84	0.67, 1.06	82	0.74	0.55, 0.99
WOMEN							
None	459	45	0.55	0.39, 0.79	57	0.87	0.60, 1.26
1-14	872	157	1	Reference	87	1	Reference
≥15	175	45	1.42	1.07, 1.90	28	0.54	0.33, 0.88

Abbreviation: CI confidence interval.

\* The two binary outcomes are successful aging vs not, and survival until the end of the 16-year of follow-up vs death.

<sup>†</sup> Odds ratios and 95% CIs are adjusted for age, sex, education, marital status, and mutually adjusted for all health behaviours. Abbreviations: CI, confidence interval.

