

Appendix 2 (as supplied by the author): The association between psychological distress and cardiovascular disease mortality (*n* =21 385)

Death outcome	No. events	Age and sex adjusted HR (95% CI) for GHQ-12 \geq 4	Multivariable HR (95% CI) for GHQ-12 \geq 4
All CVD	802	1.80 (1.49 – 2.18)	1.55 (1.28 – 1.88)
Cerebrovascular disease	210	1.76 (1.22 – 2.55)	1.60 (1.10 – 2.33)
Ischemic heart disease	358	1.47 (1.07 – 2.01)	1.22 (0.89 – 1.69)

Multivariable model adjusted for: age, sex, ethnicity, socio-economic group, smoking, anti-hypertensive medication, alcohol (quintile of units per week), moderate to vigorous physical activity (none; <1/wk; 1 to <3/wk; \geq 3 sessions/wk), physician diagnosed diabetes, body mass index category (<25; 25 – 29.99; \geq 30 kg.m²), and survey year