

Appendix 2: System for evaluating the level of evidence for each competency assessed

Level of evidence	Definition
Strong	<ul style="list-style-type: none">• 2 or more high-quality studies to support it• No conflicting studies• No. of low-quality studies and studies showing no difference is not important
Moderate	<ul style="list-style-type: none">• 1 high-quality study and 1 or more low-quality studies to support it• No conflicting studies• No. of studies showing no difference is not important
Weak	<ul style="list-style-type: none">• Either 1 high-quality study and no low-quality studies, or no high-quality studies but 1 or more low-quality studies to support it• No conflicting studies• No. of studies showing no difference is not important
None	<ul style="list-style-type: none">• No high-quality or low-quality studies to support it• Studies with conflicting results• No. of studies showing no difference is not important