

CMAJ - Canadian Medical Association Journal

Results from the CMA's 2001 Physician Resource Questionnaire

Professional Stress

Proportion of physicians who strongly agreed or agreed with a series of statements on professional stress

	Overall	Female	Male	< 35	35 - 44	45 - 54	55 - 64	65+	GP/FP	Med Spec	Surg Spec	Rural	Urban
Number of respondents	3246	992	2254	284	903	1101	653	305	1592	1203	451	283	2963
My workload is heavier than I would like	63.7%	62.2%	64.4%	52.5%	69.5%	69.0%	64.0%	37.4%	62.7%	66.4%	60.3%	59.7%	64.1%
I feel my family/ personal life has suffered because I chose medicine as a career	58.1%	53.5%	60.1%	54.9%	60.4%	61.6%	56.5%	44.9%	55.9%	58.0%	65.9%	60.1%	57.9%
Patient expectations are unreasonably high	56.8%	56.9%	56.8%	62.0%	55.9%	58.4%	56.5%	49.5%	63.6%	48.5%	55.0%	54.1%	57.1%
A lack of locums has affected my ability to take vacation time	33.2%	36.5%	31.8%	27.1%	36.8%	35.9%	31.4%	22.6%	44.7%	22.5%	21.1%	42.0%	32.4%
My on-call responsibilities are too onerous	29.3%	26.0%	30.8%	26.4%	33.8%	31.6%	28.6%	12.1%	26.3%	30.2%	37.7%	32.9%	29.0%
It is difficult to get appropriate resources on behalf of my patients	64.1%	65.5%	63.4%	71.5%	70.5%	65.0%	56.0%	51.8%	71.7%	52.3%	68.7%	70.7%	63.4%
Opportunities are limited if I want to change specialty or career path	46.2%	42.2%	47.9%	47.2%	52.3%	49.4%	42.4%	23.6%	47.2%	45.1%	45.7%	44.2%	46.4%