

# Cancer incidence and survival among Métis adults in Canada: results from the Canadian census follow-up cohort (1992–2009)

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■ Cite as: *CMAJ* 2018 March 19;190:E320-6. doi: 10.1503/cmaj.170272

## ABSTRACT

**BACKGROUND:** Métis people are 1 of 3 Aboriginal groups recognized by the Canadian constitution. We estimated site-specific incidence rates and survival for the most common cancers among Métis adults in Canada and compared these with rates among non-Aboriginal adults in Canada.

**METHODS:** We examined responses to the 1991 long-form census, including self-reported Métis ancestry linked to national mortality and cancer databases for follow-up from 1992 to 2009. We estimated age-standardized incidence rates and 5-year relative survival. We determined relative

risk (RR) of cancer among Métis and non-Aboriginal adults using Poisson regression, and estimated excess mortality rate ratios using ethnicity-specific life tables.

**RESULTS:** For all cancers and both sexes combined, cancer incidence was similar for Métis and non-Aboriginal adults. However, incidence was significantly higher among Métis adults than among non-Aboriginal adults for the following cancers: female breast (RR 1.18, 95% confidence interval [CI] 1.02–1.37), lung (RR 1.34, 95% CI 1.18–1.52), liver (RR 2.09, 95% CI 1.30–3.38), larynx (RR 1.60, 95%

CI 1.03–2.48), gallbladder (RR 2.35, 95% CI 1.12–4.96) and cervix (RR 1.84, 95% CI 1.23–2.76). Métis people had poorer survival for prostate cancer (excess mortality rate ratio 2.60, 95% CI 1.52–4.46).

**INTERPRETATION:** We found higher incidence for several cancers and poorer survival after prostate cancer among Métis adults. Several of these disparities may be related to lifestyle factors (including tobacco use, obesity and lack of cancer screening), providing evidence to support development of public health policy and health care to address cancer burden in the Métis people of Canada.

Métis people are 1 of the 3 distinct groups named in the Constitution Act of 1982 as the “aboriginal peoples of Canada,” explicitly defined as “Indian [now referred to as ‘First Nations’], Inuit, and Métis peoples of Canada.”<sup>1</sup> Aboriginal peoples in Canada experience greater poverty and unemployment, lower levels of education and higher prevalence of several known risk factors for chronic disease (tobacco smoking, obesity and unhealthy diet) relative to non-Aboriginal Canadians.<sup>2,3</sup> These diverse influences and disadvantages have ultimately resulted in poorer health outcomes, such as lower life expectancy<sup>4,5</sup> and higher prevalences of chronic conditions.<sup>3</sup> The lack of racial or ethnic identifiers in Canadian health databases, including cancer registries, has limited our ability to accurately determine and effectively address priorities for chronic disease prevention in these populations.<sup>6</sup>

The Métis people of Canada are descendants of the offspring of early unions between First Nations women and European fur traders. Subsequent intermarriage of these mixed-ancestry individuals

led to the genesis of a new Aboriginal people — the Métis people — with their own unique culture, traditions, language (Michif), way of life, collective consciousness and nationhood (the Métis Nation).<sup>7</sup> Métis constitute 1.4% of the Canadian population, numbering over 450 000 individuals who are dispersed across the country, with particular concentrations in Ontario and the Prairie provinces.<sup>8</sup> The paucity of formal national registration systems for Métis, coupled with the fact that Métis people tend not to cluster in specific geographic areas (unlike many Inuit and First Nation communities), has contributed to underrepresentation of Métis in the health literature relative to their share of the population.<sup>9</sup> Furthermore, no single definition of Métis exists, which often makes comparisons between studies and generalization of results challenging. National data about cancer incidence among Métis are lacking, and Métis-specific cancer survival has never been estimated. Three provincial-level studies of cancer incidence among Métis in Canada had too few cases to produce precise estimates of differences between Métis people and the general population.<sup>10–12</sup>

We examined patterns of site-specific cancer incidence and survival among Métis people in Canada from 1992 to 2009 and evaluated their risk relative to the non-Aboriginal population.

## Methods

### Study cohort and data sources

The 1991 Canadian Census Health and Environment Cohort (previously known as the 1991 Census Mortality Cohort) is the largest population-based cohort in Canada and has been described in detail elsewhere.<sup>13,14</sup> Briefly, to form the cohort, respondents to the 1991 long-form census aged 25 years or older on June 4, 1991 (census day), were probabilistically linked to nonfinancial tax summary files for the 1990 and 1991 tax years to add personal identifiers not stored with the census. Those found to have a tax record in one of these years were subsequently matched to the Canadian Mortality Database (1992–2009) and the Canadian Cancer Registry (1992–2009).<sup>13</sup> The final cohort for this study was composed of 2.7 million individuals who represented a 15% sample of the Canadian population aged 25 or older on census day.

The Canadian Mortality Database is an administrative database maintained by Statistics Canada and containing demographic and medical (cause of death) information for all deaths from all provincial and territorial vital statistics registries.<sup>15</sup>

The Canadian Cancer Registry, an amalgamation of the 13 provincial and territorial cancer registries, includes all cancers diagnosed in Canadian residents since 1992.<sup>16</sup> The component registries differ somewhat in their methods. In particular, the Quebec Tumour Registry has historically relied almost exclusively on hospital data, which results in a different definition of date of diagnosis from those in other jurisdictions, which generally have access to pathology reports. Because this definition affects the estimated time between diagnosis and death, especially for cancers with poor survival,<sup>17,18</sup> we excluded Quebec residents from the survival analysis.

## Definitions

### Diagnosis of cancer

We counted multiple invasive cancers in the same individual according to the rules for multiple primary cancers of the International Agency for Research on Cancer.<sup>19</sup> We grouped cancers according to the site recode for the International Classification of Diseases for Oncology (ICD-O-3) of the Surveillance, Epidemiology, and End Results Program (US National Cancer Institute).<sup>20</sup> For the incidence analysis, we included individuals aged 25 to 99 years at diagnosis, and excluded those with a death date preceding the diagnosis date. We included all cancers with case counts of 5 or more in the Métis population. For the survival analysis, we included individuals aged 45 to 90 years at diagnosis (as described in the “Statistical analysis” section, below), and excluded cases registered solely on the basis of the death certificate or autopsy and those with death date preceding diagnosis date (which together accounted for less than 3% of Métis and of non-Aboriginal cancer cases). To ensure a large enough sample size

for stability in the estimates, we performed the survival analysis only for the 4 most common cancer types.

### Date of death

We ascertained each person’s date of death using a derived variable based on date or dates of death as reported in the Canadian Mortality Database, tax summary files and the Canadian Cancer Registry.

### Aboriginal ancestry

We classified respondents as Métis or non-Aboriginal on the basis of answers to questions pertaining to Aboriginal ancestry in the 1991 long-form census. Respondents were asked to select the cultural group or groups to which their ancestors belonged, with no limit on the number of ancestries that could be reported. We classified a person as Métis if they reported 2 or fewer ancestries, one of which was Métis. We excluded from the Métis category individuals who reported registration under the Indian Act or membership in an Indian Band or First Nation (or both), given the distinct nationhood of Métis people. No gold standard identifier exists. In later censuses, questions have asked about both Aboriginal identity and ancestry. The definition we chose was informed by comparisons between responses to the identity and ancestry concepts in later censuses, whereby most of the individuals meeting the above-described definition of Métis based primarily on ancestry also reported Métis identity.

Respondents were considered to be of non-Aboriginal ancestry if they were not First Nations (North American Indian ancestry only, registration under the Indian Act, or membership in an Indian Band or First Nation), Métis (as defined previously) or Inuit (Inuit ancestry only).

### Income, rurality and region

Statistics Canada constructed area-level income adequacy quintiles using the ratio of total income from all sources combined across all members of an economic family unit to low-income cut-offs from the *1991 Census Dictionary*.<sup>21</sup> Rurality was a dichotomous area-level variable defined by Statistics Canada as the population living in towns and municipalities outside the commuting zone of larger urban centres (i.e., the non-census metropolitan area/non-census agglomeration population).<sup>22</sup> Region was determined according to the province or territory of residence on census day.

## Statistical analysis

### Incidence of cancer

Person-time was accumulated from Jan. 1, 1992. For all cancers combined, follow-up ended at the earliest of date of death or Dec. 31, 2009. For site-specific cancer incidence, follow-up was censored at the date of diagnosis of that cancer if a cancer was diagnosed. Incidence rates were age-standardized using the World Standard Population.<sup>23</sup> We performed a subgroup analysis to evaluate patterns of site-specific cancer incidence by region of residence.

We estimated relative risk (RR) comparing the rate of cancer in Métis and non-Aboriginal adults using 2 Poisson models, the

first controlling for age and sex, and the second additionally controlling for income and rurality. All incidence analyses were performed using SAS version 9.4.

### Survival

We estimated relative survival using ethnicity-, age-, sex- and calendar time-specific life tables created from the cohort at large using flexible parametric models implemented with the `stpm2` command in Stata version 13 (StataCorp LP). We restricted the life tables to ages 45 to 90 because within this age span, mortality rates in the census cohort were more stable for Métis respondents. Stable underlying or expected mortality rates are important for measuring relative survival because relative survival is a ratio of the observed survival among patients with cancer to the expected survival of members of the general population matched for ethnicity, age, sex and calendar period.

We produced 5-year excess mortality rate ratios with 2 flexible parametric survival models, the first controlling for age, sex and decade of diagnosis (1992–2000 v. 2001–2009), and the second additionally controlling for income and rurality. The 5-year relative survival ratios were age-standardized to International Cancer Survival Standards.<sup>24</sup> We restricted these age-standardized survival ratios to cases diagnosed from 2001 to 2009 because although excess mortality rate ratios tended not to change significantly over time, survival generally improved over time.

### Ethics approval

The study was approved by the research ethics board of the University of Toronto (protocol 29323).

### Results

Among the 11 050 adults aged 25 to 99 years with Métis ancestry, 1090 cancers were diagnosed over about 185 000 person-years. Relative to non-Aboriginal adults, Métis adults were significantly younger, more likely to reside in rural areas and the Prairie provinces (Alberta, Saskatchewan and Manitoba) and to have lower levels of income and education (Table 1).

For all cancers and both sexes combined, cancer incidence was similar for Métis and non-Aboriginal adults (Table 2). Cancer incidence was similar for Métis men and significantly higher for Métis women relative to their non-Aboriginal counterparts. Métis adults had significantly higher incidence of cancers of the lung (men and women), female breast and cervix, as well as liver, larynx and gallbladder (both sexes combined), relative to their non-Aboriginal peers, whereas the risk was significantly lower for colorectal cancers in women and for melanoma and leukemia in both sexes combined. The incidence of cancers of the kidney, stomach and ovary were numerically higher among Métis than among non-Aboriginal adults, but these differences were not statistically significant. In the subgroup analysis, lung was the only cancer site for which some variation was observed by region, with the greatest disparity between Métis and non-Aboriginal adults in the Ontario/Quebec region (Figure 1).

The excess mortality rate ratio comparing survival among Métis with that among non-Aboriginal adults was numerically lower for

**Table 1: Demographic characteristics of cohort members**

Characteristic	Ethnic group; no. (%) of respondents*	
	Non-Aboriginal n = 2 652 770	Métis n = 11 050
<b>Sex</b>		
Women	1 332 225 (50.2)	5505 (49.8)
Men	1 320 545 (49.8)	5545 (50.2)
<b>Age at cohort entry, yr</b>		
25–34	738 335 (27.8)	4405 (39.9)
35–44	695 985 (26.2)	3110 (28.1)
45–54	456 715 (17.2)	1740 (15.7)
55–64	344 905 (13.0)	1020 (9.2)
65–74	268 165 (10.1)	515 (4.7)
75–99	148 665 (5.6)	260 (2.4)
<b>Region of residence†</b>		
North	15 080 (0.6)	785 (7.1)
British Columbia	315 290 (11.9)	665 (6.0)
Alberta	236 200 (8.9)	2595 (23.5)
Saskatchewan	92 580 (3.5)	2330 (21.1)
Manitoba	105 085 (4.0)	2605 (23.6)
Ontario	982 175 (37.0)	835 (7.6)
Quebec	687 485 (25.9)	1005 (9.1)
Atlantic	218 875 (8.3)	230 (2.1)
<b>Highest level of schooling</b>		
No high school	907 200 (34.2)	5885 (53.3)
High school, with or without trades certificate	968 885 (36.5)	3645 (33.0)
Postsecondary (non-university)	413 065 (15.6)	1150 (10.4)
University degree	363 620 (13.7)	370 (3.3)
<b>Income quintile</b>		
1 (lowest)	439 965 (16.6)	3425 (31.0)
2	510 690 (19.3)	2540 (23.0)
3	550 505 (20.8)	2100 (19.0)
4	570 155 (21.5)	1815 (16.4)
5 (highest)	581 450 (21.9)	1170 (10.6)
<b>Rurality</b>		
Rural	600 715 (22.6)	5995 (54.3)
Urban	2 052 055 (77.4)	5055 (45.7)

\*According to Statistics Canada protocols, the counts in this table, including totals, are randomly rounded either up or down to a multiple of 5. As such, when data are summed or grouped, the total value may not match the individual values because totals and subtotals are rounded independently. Similarly, percentages are calculated from the rounded data, so those for a given variable may not sum to 100%.

†“North” consists of Yukon, Northwest Territories and Nunavut; “Atlantic” consists of New Brunswick, Nova Scotia, Prince Edward Island, and Newfoundland and Labrador.

**Table 2: Age-standardized cancer incidence and relative risk of cancer among Métis and non-Aboriginal adults, 1992–2009, by sex\* and cancer site, Canada**

Cancer site	No. of cases in Métis†	Ethnic group; ASR‡ per 100 000		Model no.; RR (95% CI)	
		Non-Aboriginal	Métis	Model 1§	Model 2¶
All sites	1090	514.3	546.4	1.06 (1.00–1.12)	1.05 (0.99–1.11)
Men	570	560.7	558.2	0.99 (0.91–1.07)	0.97 (0.89–1.06)
Women	525	457.4	533.0	1.14 (1.04–1.24)	1.13 (1.04–1.24)
Lung**	225	73.3	114.0	1.50 (1.32–1.70)	1.34 (1.18–1.52)
Men	125	89.8	125.8	1.39 (1.18–1.64)	1.22 (1.03–1.43)
Women	95	57.5	107.8	1.67 (1.38–2.03)	1.56 (1.28–1.89)
Female breast	165	146.0	165.2	1.12 (0.97–1.30)	1.18 (1.02–1.37)
Prostate	145	157.3	150.2	0.96 (0.82–1.11)	1.00 (0.86–1.17)
Colorectal	115	63.9	56.4	0.90 (0.76–1.08)	0.90 (0.75–1.06)
Men	75	75.4	74.3	1.02 (0.83–1.26)	1.03 (0.83–1.26)
Women	35	50.3	37.0	0.71 (0.52–0.97)	0.69 (0.50–0.95)
Non-Hodgkin lymphoma	40	26.1	21.0	0.85 (0.65–1.12)	0.86 (0.66–1.13)
Kidney	35	13.9	17.5	1.26 (0.93–1.71)	1.23 (0.91–1.67)
Stomach	30	10.8	15.5	1.44 (1.04–2.01)	1.37 (0.98–1.90)
Bladder	30	16.9	14.1	0.80 (0.57–1.11)	0.79 (0.56–1.10)
Oral and pharynx	25	11.9	12.9	0.98 (0.68–1.41)	0.88 (0.61–1.27)
Pancreas	25	11.6	12.2	1.04 (0.71–1.53)	1.03 (0.70–1.51)
Uterus	25	28.4	25.7	0.89 (0.62–1.28)	0.91 (0.64–1.32)
Cervix	25	11.0	22.9	2.05 (1.37–3.06)	1.84 (1.23–2.76)
Ovary	25	16.5	22.6	1.38 (0.94–2.03)	1.41 (0.96–2.08)
Liver	15	3.7	8.2	2.01 (1.25–3.25)	2.09 (1.30–3.38)
Larynx	15	4.2	8.1	1.82 (1.17–2.83)	1.60 (1.03–2.48)
Thyroid	15	10.3	6.6	0.69 (0.42–1.13)	0.76 (0.47–1.24)
Melanoma	10	16.8	6.5	0.49 (0.32–0.76)	0.54 (0.35–0.84)
Brain and CNS	10	8.5	4.6	0.55 (0.30–1.03)	0.57 (0.31–1.06)
Leukemia	5	7.4	3.2	0.60 (0.34–0.96)	0.59 (0.37–0.94)
Gallbladder	5	1.3	2.8	2.50 (1.19–5.27)	2.35 (1.12–4.96)

Note: ASR = age-standardized rate, CI = confidence interval, CNS = central nervous system, RR = relative risk.

\*Breakdown by sex for all sites and the top 4 incident cancer sites (lung, female breast, prostate, colorectal).

†According to Statistics Canada protocols, the counts in this table, including totals, are randomly rounded either up or down to a multiple of 5. When data are summed or grouped, the total value may not match the individual values because totals and subtotals are rounded independently.

‡Standardized to the World Standard Population.<sup>23</sup>

§With adjustment for age and sex (if applicable) only.

¶With adjustment for age, sex (if applicable), income and rurality.

\*\*Lung cancer = cancers of the lung and bronchus.

breast (female), colorectal and prostate cancers, but the difference was statistically significant only for prostate cancer (Table 3).

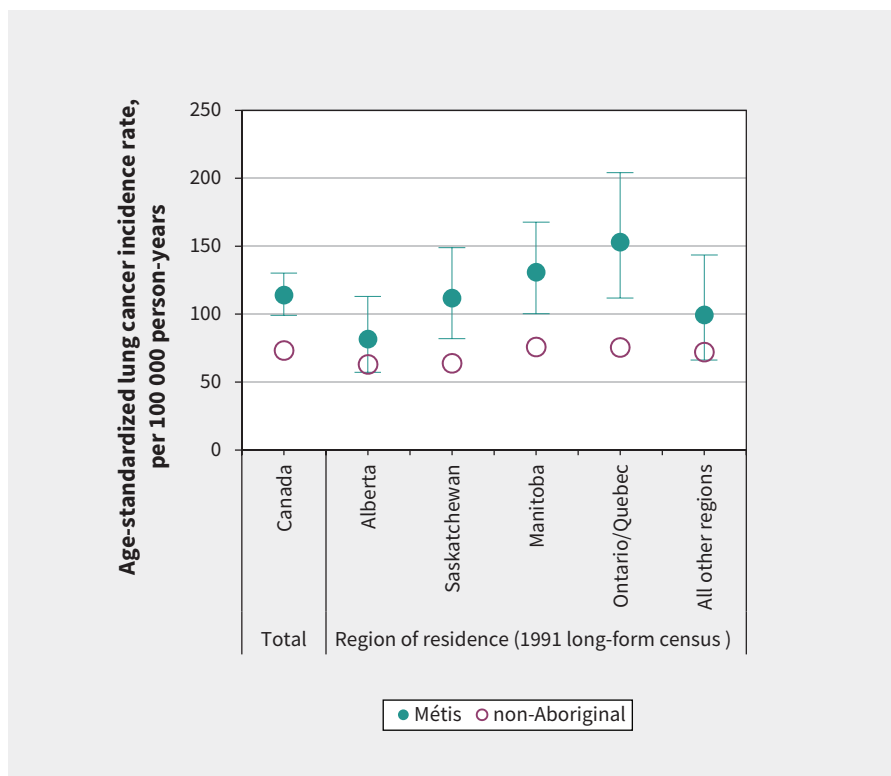
## Interpretation

In this study, for all cancers and both sexes combined, cancer incidence was not significantly different between Métis and non-Aboriginal adults; all-cancer incidence also did not differ between Métis and non-Aboriginal men. However, cancer inci-

dence was significantly higher for Métis women than for non-Aboriginal women. Métis had higher incidence rates for lung cancer in men and women separately; for larynx, liver and gallbladder cancers in both sexes combined; and for certain cancers of the female reproductive system (breast, cervix); the incidence rate was numerically higher for ovary, but this result was not statistically significant. Conversely, Métis adults had lower incidence of colorectal cancer (women only) and of melanoma and leukemia for both sexes combined.

Recent evidence shows the prevalence of cigarette smoking and obesity among Métis is high.<sup>2,25</sup> These 2 factors are strongly associated with an increased risk of several cancer types<sup>26–28</sup> and may explain, in part, the high incidence of lung, breast and certain other cancers in Métis adults. The higher incidence of cervical

cancer in Métis women may be related to low screening participation, though limited evidence in more recent years suggests cervical screening participation rates are similar between Métis and non-Aboriginal women.<sup>2,29</sup> Survival was numerically lower for Métis people with breast, colorectal and prostate cancer, but the



**Figure 1:** Age-standardized incidence rates for lung cancer among Métis and non-Aboriginal adults, by region of residence, both sexes combined, 1992–2009. Lung cancer = cancers of the lung and bronchus. Error bars indicate 95% confidence intervals for Métis adults. Error bars for non-Aboriginal adults were narrower than the data points in all regions and were therefore omitted for clarity of presentation.

**Table 3:** Age-standardized 5-year relative survival by sex and ethnicity, and excess mortality rate ratios for Métis and non-Aboriginal adults aged 45–90 at diagnosis, Canada excluding Quebec

Cancer site	No. of cancers in Métis†	Sex and ethnic group; age-standardized 5-yr relative survival, % (95% CI)‡§				EMRR (95% CI)*	
		Women		Men		Model 1¶	Model 2**
		Non-Aboriginal	Métis	Non-Aboriginal	Métis		
Lung††	190	20.1 (19.1–21.1)	15.0 (10.0–22.6)	12.8 (12.1–13.6)	9.1 (5.4–15.2)	1.03 (0.88–1.22)	1.00 (0.85–1.18)
Prostate	135	NA	NA	93.2 (92.5–93.9)	78.2 (65.4–93.4)	3.58 (2.04–6.30)	2.60 (1.52–4.46)
Breast	130	87.0 (86.0–88.0)	79.6 (68.0–93.2)	NA	NA	1.61 (0.99–2.62)	1.43 (0.88–2.34)
Colorectal	90	62.6 (61.2–64.0)	56.3 (43.2–73.4)	64.1 (62.9–65.4)	55.1 (65.4–93.4)	1.14 (0.79–1.64)	1.14 (0.79–1.64)

Note: CI = confidence interval, EMRR = excess mortality rate ratio, NA = not applicable.

\*Diagnosis between Jan. 1, 1992, and Dec. 31, 2009.

†According to Statistics Canada protocols, the counts in this table, including totals, are randomly rounded either up or down to a multiple of 5. When data are summed or grouped, the total value may not match the individual values because totals and subtotals are rounded independently.

‡Diagnosis between Jan. 1, 2001, and Dec. 31, 2009.

§Age-standardized to International Cancer Survival Standards.<sup>24</sup>

¶Adjusted for age, sex (if applicable) and time period.

\*\*Adjusted for age, sex (if applicable), time period, income quintile and rurality.

††Lung cancer = cancers of the lung and bronchus.

result was statistically significant only for prostate cancer. Controlling for income and rurality did little to explain the disparities in incidence or survival between the populations.

Only 3 studies, all at the provincial level, have previously examined cancer incidence in the Métis population.<sup>10-12</sup> In Ontario, researchers found no difference between Métis and all Ontarians, except for a suggestion of lower overall incidence among Métis participants; however, the numbers were too small to be informative ( $n = 168$  cancers among Métis participants during 2005–2007).<sup>10</sup> The Manitoba study was larger ( $n = 2551$  cancers among Métis participants during 1998–2007) and, as in our study, showed similar incidence among Métis and all Manitobans for all sites combined and for colorectal and prostate cancers, with higher rates of lung cancer for Métis males and females.<sup>11</sup> Unlike our results, Manitoba Métis women did not experience significantly higher rates of breast or cervical cancer. In Alberta ( $n = 444$  cancers among Métis participants during 2007–2012), researchers reported results that were qualitatively similar to ours for all cancers combined and for lung, breast, prostate and colorectal cancers, although statistical significance was lacking except for lung cancer (both sexes combined and males), for which rates were significantly higher for Métis than for non-Métis Albertans.<sup>12</sup> Finally, Tjepkema and colleagues<sup>4</sup> looked at mortality among Métis people in Canada using the 1991 census cohort followed through 2001. As in our study of cancer incidence, those authors found similar all-cancer mortality rates in men but a higher rate in Métis women, higher lung cancer mortality in Métis women and similar colorectal cancer mortality rates for Métis people of both sexes, relative to non-Aboriginal Canadians. Whereas we found elevated lung cancer incidence among Métis men, Tjepkema and colleagues<sup>4</sup> did not report higher lung cancer-specific mortality.

### Strengths and limitations

This study had both strengths and limitations. Using census data allowed for the identification of Métis according to self-reported ancestry, which is preferable to ethnic identifiers derived from the medical record, given that the latter are often based on subjective appraisal.<sup>30-32</sup> However, the ideal classification of Métis would be based on self-identity, which was not requested in the 1991 census. The generalizability of data from Métis participants as defined in this cohort to the Métis people of today is unclear. The estimated size of the Métis population has increased since 1991 because of both natural growth and changes in the likelihood of reporting Métis identity on the census.<sup>33</sup>

Although our cohort began in 1991, it provides important information for planning and prevention efforts. A more recent cohort would not have allowed sufficient power to measure cancer burden among Métis participants. Our cohort had sufficient follow-up, with more than 18 years of combined data; however, we were still limited by a relatively small sample, which was too small to explore trends over time. Our data sources did not include stage of diagnosis or lifestyle risk factors, and we were consequently unable to explore the role of these factors in the observed disparities. Income was measured at the aggregate (rather than individual) level, and rurality was dichotomized, not

taking into account potential differences between rural and remote areas. As a result, we cannot definitively conclude the absence of residual confounding by these factors.

### Conclusion

The value of this work is in providing evidence to support public health policy and programming that can ultimately contribute to a reduction in the risk and burden of cancer and other chronic diseases among the Métis people of Canada. System-level efforts, with culturally appropriate risk-reduction strategies and emphasizing tobacco prevention and cessation and healthy weights, could be considered to reduce the high burden of potentially avoidable cancers. Furthermore, the higher incidence of cervical cancer among Métis women suggests that improvements in screening would yield benefits. The poorer survival of Métis patients with prostate cancer requires further research to identify the causes of the disparity and, where appropriate, potential actions to reduce them. Our limited understanding of cancer risk and burden in Aboriginal populations in Canada stems from a lack of ethnic identifiers in Canadian health databases. The development of more comprehensive information systems that include ethnic identifiers will be crucial to inform and evaluate strategies to reduce health disparities between Métis and the rest of the Canadian population.

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**Competing interests:** None declared.

This article has been peer reviewed.

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**Contributors:** Diana Withrow, Michael Tjepkema and Loraine Marrett conceptualized

and implemented the study. Maegan Mazereeuw and Diana Withrow performed the data analysis. Diane Nishri, Michael Tjepkema and Loraine Marrett provided methodologic and subject matter expertise and guided the statistical analysis. Eduardo Vides provided content expertise and data interpretation from the perspective of the Métis Nation. Maegan Mazereeuw drafted the article, and all of the authors critically reviewed it for important intellectual content. All of the authors gave final approval of the version to be published

and agreed to be accountable for all aspects of the work.

**Funding:** The work was supported by a Canadian Institutes of Health Research Open Operating Grant entitled “Cancer incidence and survival in First Nations and Métis adults in Canada: follow-up of the 1991 census cohort.”

**Accepted:** Sept. 12, 2017

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