

doubtedly a limit to their understanding.

So goes the art and practice of medicine. Sometimes when I reach for my prescription pad, I treat it like a loaded weapon, to be used with extreme caution if at all.

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Reference

1. Vioxx: lessons for Health Canada and the FDA [editorial]. *CMAJ* 2005;172(1):5.

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Canada has one of the safest drug systems in the world and we at Health Canada are always looking for ways to improve it. For example, the Minister of Health recently committed to mandatory reporting of adverse drug reactions and has indicated his support for more transparency regarding clinical trials.

The *CMAJ* editorial on the Vioxx case and its implications for drug safety¹ notes some of the difficulties inherent in postmarketing surveillance, such as extrapolating conclusions from clinical trials to real-world clinical practice and detecting signals and relating them to a specific drug. The editorial also points to areas for improvement: better mechanisms for physician reporting, active surveillance targeting serious adverse events and improved use of other databases. Health Canada agrees and looks forward to active discussion of these issues with *CMAJ* readers, who are on the front line of postmarketing surveillance.

However, other comments in the editorial are inaccurate. Reference to a “built-in bias toward approving drugs” and a low bar for approval of drugs for sale in Canada are incorrect and misleading. The review process in Canada is thorough; involves extensive assessment of the safety, efficacy and quality of all medications; and is in line with international standards.

It is important to continue to raise the profile of adverse event reporting within the health care community and to work together to improve the sys-

tem. The cooperation of *CMAJ* in the publication and distribution of the Canadian Adverse Reaction Newsletter is greatly appreciated, but much more must be done. One example of Health Canada’s commitment in this area is its pilot project on active surveillance (undertaken with the Canadian Paediatric Society), which brings together a network of 2300 pediatricians to collect and analyze information on adverse reactions (see www.cps.ca/english/CPSP/Studies/drugreactions.htm). In addition, we are opening 2 new centres in our system of regional adverse reaction centres to enhance our ability to promote the reporting of adverse reactions nationally.

My colleagues and I look forward to working with *CMAJ* as well as the key players in the drug safety process to improve on the good and safe foundation that already exists.

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Reference

1. Vioxx: lessons for Health Canada and the FDA [editorial]. *CMAJ* 2005;172(1):5.

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It was with disappointment that I read the *CMAJ* editorial on the withdrawal of rofecoxib (Vioxx).¹ In particular, I am disappointed with the narrow perspective on the safety of our industry’s medicines and the supposed conflict caused by a relationship between industry and Health Canada.

The member companies of Rx&D (Canada’s Research-Based Pharmaceutical Companies) are committed to patients, to their health and well-being, and to the assurance that new medicines are as safe and efficacious as humanly and scientifically possible. No company wants to launch a medicine on the market to have it withdrawn at some future date. The impact for the company, in terms of both reputation and financial perspective, can be devastating. That is why any negative effect experienced by patients in the development phase of a

medicine must be reported. Once a medication is made available to patients, any serious and unexpected adverse effects reported to the manufacturer must, in turn, be reported to Health Canada within 15 days.

When should a medicine be allowed to go to market? Once all possible combinations with other drugs or commonly used products have been studied? For many patients, this is not an option. Who would have thought a few years ago that grapefruit juice could have a dramatic impact on the health of patients taking certain types of medicines? Yet pharmacists now alert their patients to potential interactions between grapefruit juice and medications.² Patients who take medicines must understand that any pharmaceutical chemical introduced into the body is not natural; hence, they should, with the consultation and supervision of their physician, weigh concerns against benefits and make an informed decision.

Reference to potential conflict caused by an emphasis on Health Canada’s “partnerships with industry” is simply not true.

When taken appropriately, medicines can provide positive health outcomes and value to patients, their families, our health care system and society as a whole.

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References

1. Vioxx: lessons for Health Canada and the FDA [editorial]. *CMAJ* 2005;172(1):5.
2. Maskalyk J. Grapefruit juice: potential drug interactions. *CMAJ* 2002;167(3):279-80.

DOI:10.1503/cmaj.1050027

Importance of open access for clinicians and researchers in developing countries

The *CMAJ* editorial on the topic of open access¹ is of special relevance for developing countries. I am a South