



ence pain while performing the recommended stretches or exercises are urged to consult an orthopedic physiotherapist. However, there are no cautions for the reader (injured or uninjured) to consult a physician (or any health professional other than an orthopedic physiotherapist) before engaging in the exercise protocol. The lack of appropriate warnings and the authors' emphasis on back extension stretches are cause for concern.

Although Harrison's detailed account of her injury experience illustrates some frustrations other musicians encounter when consulting health professionals, both she and Paull make several unnecessary derogatory comments regarding diagnostic tests and treatments used by health professionals other than orthopedic physiotherapists.

In sum, this book presents the authors' opinions and experience rather than a comprehensive evidence-based approach to injury prevention.

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Reference

- 1. Zaza C. Playing-related musculoskeletal disorders in musicians: a systematic review of incidence and prevalence. *CMAJ* 1998;158:1019-25.

Source Book in Bioethics: a Documentary History

Edited by Albert R. Jonsen, Robert M. Veatch, LeRoy Walters. 510 pp. Georgetown U Pr. 1998. US\$95. ISBN 0-87840-683-2

Overall rating: Excellent, for US readers; good, for others
Strengths: Good source of US bioethics

Weaknesses: and health law documents; well written historical introductions
US audience; most documentation not necessarily applicable to Canadians
Audience: Anyone with an academic interest in bioethics and health law

Jonsen, Veatch and Walters, well known and respected US bioethicists, have done an excellent job in compiling many of the pivotal documents in bioethics and health law of the last few decades. (As bioethics is a very new discipline, this really does constitute an historical approach.)

The five sections cover research on humans, death and dying, human genetics, human reproduction and the changing health care system. Each begins with an historical introduction by one of the editors, followed by documents (e.g., the well known Belmont Report).

The editors promise to "Bring[s] together in a single volume the core legislative documents, court briefs, and reports by professional organizations, public bodies, and governments around the world." Unfortunately, "the world" does not include anything north of the 49th parallel. There are only a few documents from countries other than the United States. Although the literature is interesting and informative, much of it, particularly the law, is not applicable in Canada. Indeed, relevant ethical and legal Canadian documents concerning all areas discussed in the book do exist, and these documents may be more important for Canadian readers interested in our own social policies and norms.

This is not to say that Canadians cannot benefit from the insights of these respected bioethicists and from the reproduced documents. However, particularly at \$95 (US), I do not think it will become nor do I think it ought to become "a standard text for courses in bioethics" . . . at

least not for readers outside the United States.

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Running With the Caribou

Pete Sarsfield. 210 pp. Turnstone Press, Winnipeg. 1997. \$16.95. ISBN 0-88801-215-2

Overall rating: Good
Strengths: Well written, humorous, personal
Weaknesses: None
Audience: All medical practitioners and libraries

In *Running With the Caribou* Pete Sarsfield sketches a broad picture of his 25 years as a community health physician in northern communities in Ontario, Manitoba, Labrador and the North West Territories. Part medical log, part personal quest, part travelogue, this book takes you on a journey you will be pleased you made.

Sarsfield allows us into his Canada: the northern landscape, native peoples, friends, family, his travels, and the provision of health care in the north. One gets the sense that most of his time has been spent in an airplane, train or bus, but in many cases, getting to the frontier is the best part of the story. He has made excursions to Hong Kong, Sweden and to Nevis, where his Canadian medical training is called "destructively irrelevant" to that small nation.

His writing style is subtle, economical and elegant. He wonders about medical specialists who have "chosen to avoid most ordinary human contact by becoming unusually adept in one tiny area of people's problems." Waiting for the Pope in



Fort Simpson's "spiritual fog" is described with an eye to the cultural differences between the northern peoples and people like Sarsfield with his southern accent and beard. He speaks out against white people who worry that the Pope will support native rights.

He entertains us with a discussion of proper doctor attire. He writes with authority on the patchwork of northern health care and on new nursing stations ("tin monstrosities") that will provide less health care rather than more. Sarsfield has an enormous respect for nurses. We can believe him when he says: "When I grow up I'd like to be a nurse."

Whether the subject is a simple cross-country train trip or the story of being caught in a dangerous Labrador snowstorm, we are charmed by Sarsfield's thoughtful humanitarianism, his generosity, humour and attention to detail. Most important, this is a man who is having fun and a man always willing to learn and teach.

Medical practitioners will find *Running With the Caribou* entertaining, educational and inspirational.

Brian D. Cameron, BA, MA, MLS
Information Specialist
Fudger Health Sciences Library
The Toronto Hospital —
General Division
Toronto, Ont.

Books and other media received

Livres et autres documents reçus

Clinical medicine

Essentials of Family Practice. 2nd ed. Edited by R.E. Rakel. 626 pp. Illust. Harcourt Brace. 1998. \$74.95. ISBN 0-7216-5868-7

Independent Medical Examinations for Insurance and Legal Reports. M.C. Hall. 194 pp. Butterworths. 1998. \$62. ISBN 0-433-40968-1

Genetics

All You Need to Know About DNA, Genes and Genetic Engineering: A Concise, Comprehensive Outline. G.R. Carter, S.M. Boyle. 134 pp. Illust. Charles C Thomas. 1998. US\$22.95. ISBN 0-398-06870-4

Clinical Companion to the Molecular and Genetic Basis of Neurological Disease. 2nd ed. Edited by R.N. Rosenberg, S.B. Prusiner, S. DiMauro, R.L. Barchi. 318 pp. Butterworth-Heinemann. 1998. US\$45. ISBN 0-7506-7043-6

Internal medicine

Conn's Current Therapy 1998. 50th Anniversary Edition. Edited by R.E. Rakel. 1326 pp. Illust. Harcourt Brace. 1998. \$88.95. ISBN 0-7216-7223-X

Diabetes Mellitus: Diagnosis and Treatment. 4th ed. Edited by M.B. Davidson. Harcourt Brace. 1998. \$97.95. ISBN 0-7216-6403-2

Preventive Cardiology: a Guide for Clinical Practice. Edited by K. Robinson. 419 pp. Illust. Futura Publishing, Armonk, NY. 1998. US\$69. ISBN 0-87993-692-4

Williams Textbook of Endocrinology. 9th ed. Edited by J.D. Wilson, D.W. Foster, H.M. Kronenberg, P.R. Larsen. 1819 pp. Illust. Harcourt Brace. 1998. \$225. ISBN 0-7216-6152-1

Neurology

The Dementias. Edited by J.H. Growdon, M.N. Rossor. 441 pp. Illust. Vol. 19 of *Blue Books of Practical Neurology Series*. Butterworth-Heinemann. 1998. US\$95. ISBN 0-7506-9920-5

Textbook of Neurology. Edited by J. Bogousslavsky, M. Fisher. 870 pp. Illust. Butterworth-Heinemann. 1998. US\$75. ISBN 0-7506-9918-3

Occupational medicine

Disability Claims Management. A. Leckie, coordinating author. 272 pp. Butterworths. 1998. \$53. ISBN 0-433-40892-8

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Imaging in Oncology. Edited by W.L. Curati, D.O. Cosgrove, M.J. Lipton, D.J. Allison. 217 pp. Illust. Oxford U Pr. 1998. ISBN 1-900151-030

Ophthalmology

Uveitis. S. Lightman, H.M.A. Towler. 163 pp. Illust. *Fundamentals of Clinical Ophthalmology Series*. 1998. ISBN 0-7279-1202-X

Orthopedics

The Shoulder. 2nd ed. Vols. 1 and 2. Edited by C.A. Rockwood, Jr., F.A. Matsen III, M.A. Wirth, D.T. Harryman II. 1387 pp (set). Illust. Harcourt Brace. 1998. \$338 (set). ISBN 0-7216-8135-2 (vol. 1); 0-7216-8136-0 (vol. 2); 0-7216-8134-4 (set)

Psychiatry / Psychiatrie

ABC of Mental Health. Edited by T. Davies, T.K.J. Craig. 82 pp. Illust. BMJ Books. 1998. ISBN 0-7279-1220-8

Aider sans nuire : de la victimisation à la coopération. S. Lamarre. 169 p. Éditions Lescoq, Montréal. 1998. ISBN 2-9804832-3-0

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