HUMANITIES | ENCOUNTERS

SOAP note

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Subjective:

Chronic headaches, she complains

lack of sleep Too fatigued to lament

lack of love Too weak to fight

lack of voice Resigned to

Chasing her pain with pills

Objective observations:

Affect flattened Her eyes blackened by fist impressions

Forearm bruises read like a map islands without sanctuary

A second-degree burn from failing the third degree

her hands tremble her compass sways between gain and loss old lines fade, new ones are drawn

Assessment:

she believes she can change him she believes he is wounded she fears escalation

Plan:

Survival prn

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This article has been peer reviewed.

