

Appendix 1

Comparison of clinical presentation of adenomyosis with other gynecological conditions		
Gynecological condition	Symptom	Sign
Endometrial polyp	Intermenstrual spotting, HMB, postmenopausal bleeding	Normal bimanual examination; possible protrusion of polyp through cervix visualized by speculum examination
Fibroid	HMB, bulk symptoms (pelvic pressure, urinary retention, urinary frequency, constipation), acute pain related to degeneration (breakdown of fibroid)	Large, irregular, firm uterus on bimanual or abdominal examination
Endometriosis	Dysmenorrhea, dyspareunia, dysuria, dyschezia and chronic pelvic pain	Retroverted uterus, uterosacral nodularity and tenderness on bimanual examination
Adenomyosis	Dysmenorrhea, dyspareunia, HMB	Globular, enlarged or boggy uterus, sometimes tender on bimanual or abdominal examination
Note: HMB = heavy menstrual bleeding.		