Appendix 1 (as supplied by the authors): Anosmia – telephone questionnaire for patients who got tested for COVID-19

Record ID _____

SCRIPT INTERVIEW

Hello, my name is [NAME OF INTERVIEWER] and I work for the CIUSSSE de l'Estrie-CHUS. I would like to speak with [MR or MRS] [NAME OF PATIENT].

* IF THE SPEAKER IS NOT THE PATIENT

** IF THERE ARE OTHER MEMBERS OF THE FAMILY THAT WERE TESTED FOR COVID-19, SPEAK WITH THEM AFTERWARDS.

Hello, [MR or MRS] [NAME OF PATIENT] my name is [NAME OF INTERVIEWER] and I work for the CIUSSSE de l'Estrie-CHUS. We are conducting clinical surveillance of COVID-19 for all persons over 18 years of age who got tested for COVID-19, whether the result is positive or negative. We are not authorized to divulge test results. A Public Health Official will contact you with your results.

Our research team would like to better understand the COVID-19 virus which could allow for persons affected by the virus to receive better health services.

During this call, we will be asking you questions regarding your health. Your answers will not have any incidence on the quality of health services that you receive. Our hope is that it will permit physicians and other health care professionals to be better informed about this virus.

This call will should take approximately 20 minutes of your time. Your answers are confidential and will be stored securely for 25 years in accordance with the current research policies in effect. The information relayed to the health care workers will be anonymous, meaning that they will not be able to identify you.

Do you have any questions?

Before starting the questionnaire, I would also like to confirm your consent for the use of the data for research purposes. More specifically, your information is essential for the public health but could also be pertinent for other current or future researches, that would be related to the coronavirus. Theses researches will all be evaluated by a research ethics committee. The projects would not use information that would permit you to be identified, such as your name, address or phone number.

Do you have any questions regarding the secondary use of the research data?

Do you consent to the use of secondary data, that excludes your name, address and phone number? O NO O Yes

INSTRUCTIONS FOR THE INTERVIEWER:

- If a patient refuses the use of the data, take note of the patient's name and telephone number in a confidential file, that will later be sent to Dr Louis Valiquette once all calls are completed.
- If a patient asks for more information regarding the use of their secondary data, they may contact the President of the Ethics Committee at 819-346-1110 extension 12856.
- Patients who received a positive COVID-19 result may call 819-644-4545 if they have questions pertaining to their diagnostic.
- For those who are still awaiting their results, a Public Health Official will call them when the result is available.
- For more information <u>https://www.inspq.qc.ca/covid-19/outils</u>

Signature of employee completing the questionnaire:

Appendix to: Carignan A, Valiquette L, Grenier C, et al. Anosmia and dysgeusia associated with SARS-CoV-2 infection: an age-matched case-control study. CMAJ 2020. doi: 10.1503/cmaj.200869. Copyright © 2020 The Author(s) or their employer(s). To receive this resource in an accessible format, please contact us at cmajgroup@cmaj.ca.

DEMOGRAPHICS	
Name	First name, Last Name
CIUSSSE-CHUS File number	
Postal code	
Date of birth	
Sex at birth	o Female o Male
Telephone number	

SARS-CoV-2 TEST		
Sample date		
-	(01-01-1901 if unknown)	
Site where sample was	0 Hôtel-Dieu	
collected	 Asbestos 	
	 Lac Megantic 	
	0 Granby	
	0 Windsor	
	 Coaticook 	
SARS-CoV-2 test result	 Negative 	
	o Positive	

SUMMARY OF CONTACT WITH PATIENT		
Was the patient reached?	O NO	
	o Yes	
If not, specify the reason	 Incorrect telephone number 	
	o 8 unsuccessful attempts	
	 Patient is deceased 	
	 Patient is inapt (excluded from the study) 	
	 Patient is still hospitalised 	
	 Other (please precise in space below) 	
Precise 'Other' reason		
If the patient was reached,	0 No	
was the questionnaire	 Yes – Consents to the use of data for research 	
completed?	 Yes – Refuses the use of data for research 	
If not completed, specify	 Patient refused 	
reason	 Patient is inapt (excluded from the study) 	
	 Patient is deceased 	
	 Other (please precise in space below) 	
Precise 'Other' reason		
Have your received you	O NO	
COVID-19 test results?	• Yes Result • Negative • Positive	

Is there another member of	0 N0
your family that has been	o Yes
tested for COVID-19?	
	* If yes, verify if that person is on the <u>Covid19-Anosmie Listing Calls à</u> faire .
	If the patient is on the list, inform the current patient that we will speak
	with [NAME OF FAMILY MEMBER] once the questionnaire is completed
Have you been hospitalised	O NO
for this condition?	O Yes
	0 N0
Are you pregnant?	o Yes
	o Not applicable

COMORBIDITIES		
Are you being treated for diabetes?	O NO	
	o Yes	
RISK FACTORS AND ASSOCIATED CONDITIONS		
What is your smoking status?	 Active (including occasional) 	
	o Past smoker	
	o Never smoked	
If you are a past smoker, have you smoked in	O NO	
the last year?	O Yes	
Do you vape or smoke e-cigarettes?	O NO	
	O Yes	
Do you smoke cannabis on a regular basis?	O NO	
	o Yes	
In the past year, have you inhaled cocaine	O NO	
nasally?	o Yes	
Have you ever had a traumatic (shock) to the	O NO	
head caused either by a fall, a major hit or a car	o Yes	
accident (head-on collision)?		
Have you received a medical diagnostic of	O NO	
seasonal allergies (pollen, hay fever)?	o Yes	
Have you received a medical diagnostic of	O NO	
animal allergies?	o Yes	
Do you have nasal congestion all year round?	O NO	
	O Yes	
Do you have a runny/leaky nose all year round?	O NO	
	o Yes	
Do you take cortisone in the form of nasal	O NO	
vaporiser on a regular basis? (ex: Nasocort,	○ Yes – all year	
Nasonex)	 Yes – only during allergy season 	

SIGNS AND SYMPTOMS	
When did your first COVID-19 related	
symptoms start?	
	 (01-01-1901 if unknown)

During the period of 72 hours BEFORE and AFTER your COVID-19 test, did you have any of the following symptoms?		
	NO	YES
Generalized weakness (include fatigue)	0	0
Muscular pain	0	0
Joint pain	0	0
Chest pain	0	0
Shortness of breath	0	0
Dyspnea/Difficulty breathing	0	0
Chills	0	0
Fever > 38° C	0	0
Feverishness (did not take temperature but felt feverish)	0	0
Nasal congestion	0	0
Runny nose	0	0
Sneezing	0	0
Sore throat	0	0
Cough	0	0
Sputum production (phlegm, mucus)	0	0
Loss of appetite	0	0
Nausea	0	0
Vomiting	0	0
Diarrhea (liquid stools)	0	0
Headache	0	0
Conjunctivitis (eye infection)	0	0
Skin rash/lesion or redness	0	0
Change or loss of smell	0	0
Change or loss of taste	0	0
Vertigo or dizziness	0	0
Blurred vision	0	0
Loss of hot/cold facial sensation	0	0
Which one of your symptoms appeared first?	 Generalized weakness Muscular pain Joint pain Chest pain Chest pain Shortness of breath Difficulty breathing Chills Fever Feverishness 	

 Nasal congestion Runny nose 	
•	
o Sneezing	
-	
o Sore throat	
o Cough	
 Sputum production 	
 Loss of appetite 	
o Nausea	
 Vomiting 	
 Diarrhea (liquid stools) 	
○ Headache	
 Conjunctivitis (eye infection) 	
 Skin rash/lesion or redness 	
 Change or loss of smell 	
 Change or loss of taste 	
 Vertigo, dizziness 	
 Blurred vision 	
 Loss of hot/cold facial sensation 	
○ None	
o Generalized weakness	
o Muscular pain	
-	
O Joint pain	
 Chest pain Shortness of breath 	
 Difficulty breathing Chills 	
o Fever	
o Feverishness	
 Nasal congestion Runny nose 	
o Sneezing	
5	
⊙ Sore throat ⊙ Cough	
• Sputum production	
 Loss of appetite Nausea 	
o Vomiting	
o Diarrhea (liquid stools)	
O Headache	
 Conjunctivitis (eye infection) Skin rash (losion or radpose) 	
 Skin rash/lesion or redness Change or less of small 	
• Change or loss of smell	
• Change or loss of taste	
o Vertigo, dizziness	
o Blurred vision	
 Loss of hot/cold facial sensation 	
o None	

ANNEX 1 – SENSORY PERCEPTION		
Baseline information		
Before the onset of COVID-19 related	○ Not at all	
symptoms, how do you evaluate your capacity	o Weak	
to smell odours?	o Good	
	o Very good	
	 Don't know/Does not apply 	
Before the onset of COVID-19 related	o Not at all	
symptoms, how do you evaluate your capacity	o Weak	
to taste foods in general?	o Good	
	o Very good	
	 Don't know/Does not apply 	
Have you had any of the following?		
Brain surgery	O NO	
	o Yes	
Nose surgery (ex: fracture, rhinoplasty)	O NO	
	o Yes	
Sinus surgery (ex: polyps, abscess drainage)	O NO	
	o Yes	
Radiation therapy (head)	O NO	
	o Yes	
Did the surgery or radiation therapy impact	O NO	
your ability to smell odours?	o Yes	
	 Does not apply 	

QUESTIONS RELATING TO THE 72 HOURS BEFORE AND 72 HOURS AFTER THE DIAGNOSTIC OF COVID-19 *Record the worse		
Sense of smell – Note the worse during this period		
Did the change or loss of smell occur	 Suddenly (from one day to the next) 	
	 Progressively (over several days) 	
	 Does not apply 	
If there is a change in smell, is it	0 Light	
	o Moderate	
	o Severe	
How do you evaluate your capacity to recognize	o Not at all	
the smell scented odors (perfume, soap,	o Weak	
shampoo, flowers, etc.)?	o Good	
	o Very good	
	 Don't know/Does not apply 	
How do you evaluate your capacity to recognize	O Not at all	
the smell of smoke (wood fire, burnt toast,	o Weak	
cigarettes)?	o Good	
	o Very good	
	 Don't know/Does not apply 	
How do you evaluate your capacity to recognize	O Not at all	
the smell garbage or compost?	o Weak	
	○ Good	
	o Very good	
	 Don't know/Does not apply 	

How do you evaluate your capacity to recognize	○ Not at all
the smell of freshly poured coffee?	o Weak
	○ Good
	o Very good
	 Don't know/Does not apply
Sense of taste – Note the worse during this period	bd
Did you experience a change in taste?	O NO
	o Yes
Did you experience a loss of taste?	O NO
	o Yes
Did the change or loss of taste occur	 Suddenly (from one day to the next)
	 Progressively (over several days)
	 Does not apply
If there is a change in taste, is it	0 Light
	o Moderate
	o Severe
How do you evaluate your capacity to taste	O Not at all
foods?	o Weak
	○ Good
	o Very good
	 Don't know/Does not apply
How do you evaluate your capacity to taste	O Not at all
salt?	o Weak
	O Good
	o Very good
	 Don't know/Does not apply

Before ending this call, do you have any questions?

Thank you for taking the time to answer our research questions regarding COVID-19. We wish a good day.

IF THERE ARE OTHER MEMBERS OF YOUR FAMILY THAT BEEN TESTED FOR COVID-19 AND ARE ADULTS OVER 18 YEARS OF AGE, WE WOULD LIKE TO SPEAK TO THEM PLEASE. WHAT IS THEIR NAME?

NOTES