

PATIENT-REPORTED OUTCOMES AFTER CLEFT LIP AND/OR PALATE TREATMENT

A VISUAL RESEARCH ABSTRACT

Survey study

2434 children and young adults

12 countries

CLEFT-Q scale measured how patients felt about:



Eating, drinking



Appearance of the face, nostrils, nose, teeth, lips, jaws, cleft lip scar



Health-related quality of life (social, psychological, school, speech distress)



Speech function

Lower scores on CLEFT-Q scales were reported by patients:

- ▶ With a speech problem
- ▶ Unhappy with facial appearance
- ▶ Needing future cleft-related treatments

Compared with the norms for age, sex and cleft type, poorer outcomes were associated with:

Older age | Female sex | Visible cleft

The CLEFT-Q provides clinicians with a cross-cultural instrument used to evaluate and compare patient-reported outcomes of cleft lip and/or palate treatment.