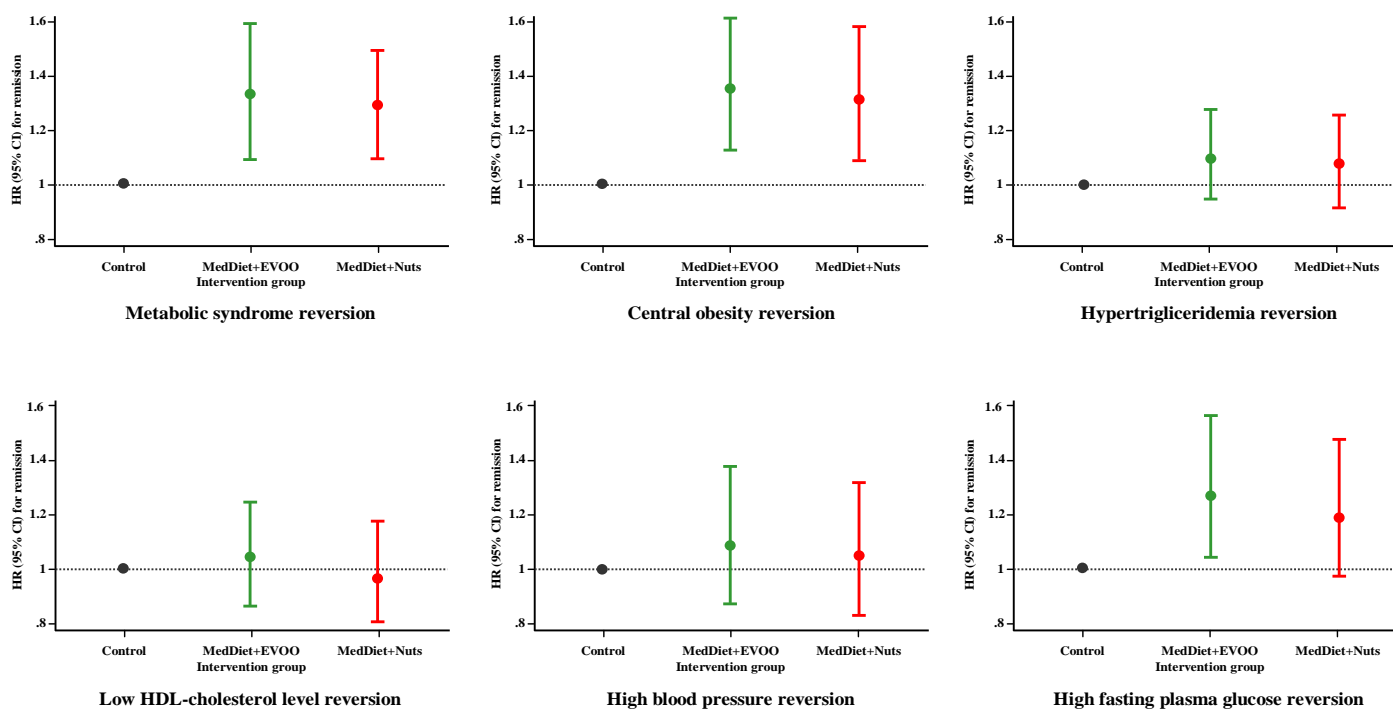


Appendix 11: Relative risk of reversion of metabolic syndrome and its components by intervention group (as supplied by the authors)



Abbreviations: MedDiet, Mediterranean diet; EVOO, Extra-virgin olive oil; HDL, High-density lipoprotein.