

**e-Table A: Crude odds ratios for incident cases of CIND, AD and VaD**

Diagnosis	Crude odds ratio (and 95% CI)			
	Age (for every yr increase)	Sex (F:M)	Education (for every yr increase)	Presence v. absence of ApoE ε4 allele
CIND (n = 335)	1.04 (1.02–1.06)*	1.00 (0.76–1.31)	0.92 (0.89–0.95)*	1.20 (0.87–1.67)
AD (n = 138)	1.11 (1.08–1.14)*	2.06 (1.56–2.72)*	0.90 (0.86–0.94)*	2.35 (1.75–3.14)*
VaD (n = 51)	1.03 (0.99–1.08)	1.01 (0.59–1.73)	0.89 (0.83–0.96)*	2.71 (1.53–4.72)*

Note: CIND = "cognitive impairment no dementia," AD = Alzheimer's disease, VaD = vascular dementia, CI = confidence interval.

\*p < 0.05; crude odds ratios were analyzed independently of each other.

**e-Table B: Crude odds ratios for cases progressing from CIND**

Progression	Crude odds ratio (and 95% CI)			
	Age (for every yr increase)	Sex (F:M)	Education (for every yr increase)	Presence v. absence of ApoE ε4 allele
CIND → normal (n = 29)	1.00 (0.95–1.07)	1.09 (0.50–2.37)	1.01 (0.92–1.10)	1.10 (0.45–2.68)
CIND → CIND (n = 85)	1.05 (1.01–1.09)*	1.22 (0.75–1.98)	0.84 (0.76–0.91)*	1.21 (0.67–2.18)
CIND → AD (n = 68)	1.12 (1.08–1.17)*	1.94 (1.12–3.33)*	0.85 (0.79–0.91)*	1.86 (1.08–3.21)*
CIND → VaD (n = 9)	1.13 (1.02–1.26)*	2.71 (0.56–13.1)	0.61 (0.47–0.78)*	1.16 (0.24–5.66)

\*p < 0.05; crude odds ratios were analyzed independently of each other.