Appendix 3 (as supplied by the authors): OMQ14 individual item responses at baseline and 3 months by group.

|  | Baseline |  |  |  | 3 months |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Standard care <br> n <br> (\%) |  | Autoinflation n <br> (\%) |  | Standard care <br> n <br> (\%) |  | Autoinflation <br> n <br> (\%) |  |
|  |  |  |  |  |  |  |  |  |
| Over the last 3 months, taking everything into account, how has your child's health has been? |  |  |  |  |  |  |  |  |
| Missing | 6 | $3.8 \%$ | 6 | $3.8 \%$ | 37 | 23.1 \% | 33 | 20.6\% |
| Very good | 53 | $33.1 \%$ | 38 | $23.8 \%$ | 61 | 38.1 \% | 68 | $42.5 \%$ |
| Good | 73 | $45.6 \%$ | 91 | $56.9 \%$ | 54 | $33.8 \%$ | 51 | $31.9 \%$ |
| Only fair, or poor | 28 | 17.5\% | 25 | 15.6\% | 8 | $5.0 \%$ | 8 | 5.0\% |
| How many times has he/she had trouble with his/her ears? |  |  |  |  |  |  |  |  |
| Missing | 6 | $3.8 \%$ | 6 | $3.8 \%$ | 37 | 23.1 \% | 34 | 21.3\% |
| Not at all | 41 | $25.6 \%$ | 34 | $21.3 \%$ | 38 | $23.8 \%$ | 48 | $30.0 \%$ |
| Once | 40 | $25.0 \%$ | 43 | $26.9 \%$ | 23 | 14.4\% | 31 | $19.4 \%$ |
| 2-3 times | 51 | 31.9\% | 51 | $31.9 \%$ | 37 | 23.1 \% | 34 | $21.3 \%$ |
| 4 or more times | 22 | $13.8 \%$ | 26 | $16.3 \%$ | 25 | 15.6\% | 13 | 8.1\% |
| How many ear infections has he/she had? |  |  |  |  |  |  |  |  |
| Missing | 6 | $3.8 \%$ | 7 | $4.4 \%$ | 36 | $22.5 \%$ | 33 | $20.6 \%$ |
| 0 | 78 | $48.8 \%$ | 76 | $47.5 \%$ | 89 | $55.6 \%$ | 96 | $60.0 \%$ |
| 1 | 50 | $31.3 \%$ | 44 | $27.5 \%$ | 23 | $14.4 \%$ | 18 | $11.3 \%$ |
| 2-3 | 19 | 11.9\% | 26 | $16.3 \%$ | 10 | $6.3 \%$ | 11 | $6.9 \%$ |
| 4 or more | 7 | $4.4 \%$ | 7 | $4.4 \%$ | 2 | 1. $3 \%$ | 2 | $1.3 \%$ |
| How many times has he/she had an earache? |  |  |  |  |  |  |  |  |
| Missing | 6 | $3.8 \%$ | 8 | 5.0\% | 37 | 23.1 \% | 33 | 20.6\% |
| 0 | 44 | 27.5\% | 41 | 25.6\% | 50 | 31.3\% | 56 | 35.0\% |
| 1 | 37 | $23.1 \%$ | 38 | $23.8 \%$ | 33 | 20.6\% | 25 | 15.6\% |
| 2-3 | 45 | 28.1\% | 48 | $30.0 \%$ | 25 | 15.6\% | 32 | 20.0\% |
| 4 or more | 28 | $17.5 \%$ | 25 | 15.6\% | 15 | $9.4 \%$ | 14 | 8.8\% |



| How often does he/she seek your attention unnecessarily? |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Missing | 8 | 5.0\% | 9 | 5.6\% | 39 | 24.4\% | 34 | 21.3\% |
| Less than once a month | 36 | 22.5\% | 32 | 20.0\% | 32 | $20.0 \%$ | 48 | $30.0 \%$ |
| Once a month | 17 | 10.6\% | 14 | 8.8\% | 19 | 11.9\% | 26 | 16.3\% |
| Once a week | 31 | 19.4\% | 40 | $25.0 \%$ | 20 | 12.5\% | 23 | 14.4\% |
| Once a day | 34 | $21.3 \%$ | 34 | 21.3\% | 27 | 16.9\% | 17 | 10.6\% |
| Two or more times a day | 34 | $21.3 \%$ | 31 | 19.4\% | 23 | 14.4\% | 12 | 7.5\% |
| How often is he/she unhappy for no apparent reason? |  |  |  |  |  |  |  |  |
| Missing | 7 | $4.4 \%$ | 9 | $5.6 \%$ | 40 | $25.0 \%$ | 33 | 20.6\% |
| Less than once a month | 68 | 42.5\% | 70 | $43.8 \%$ | 71 | $44.4 \%$ | 83 | 51.9\% |
| Once a month | 19 | $11.9 \%$ | 18 | $11.3 \%$ | 13 | 8.1\% | 14 | $8.8 \%$ |
| Once a week | 36 | 22.5\% | 35 | $21.9 \%$ | 24 | 15.0\% | 24 | 15.0\% |
| Once or more per day | 30 | 18.8\% | 28 | 17.5\% | 12 | 7.5\% | 6 | $3.8 \%$ |
| Has he/she mispronounced the beginnings or ends of words? |  |  |  |  |  |  |  |  |
| Missing | 7 | 4.4\% | 8 | $5.0 \%$ | 39 | 24.4\% | 33 | 20.6\% |
| No | 48 | 30.0\% | 44 | 27.5\% | 49 | 30.6\% | 60 | 37.5\% |
| Rarely | 56 | 35.0\% | 63 | $39.4 \%$ | 44 | 27.5\% | 44 | 27.5\% |
| Often | 38 | $23.8 \%$ | 39 | $24.4 \%$ | 21 | $13.1 \%$ | 19 | 11.9\% |
| Always | 11 | $6.9 \%$ | 6 | $3.8 \%$ | 7 | $4.4 \%$ | 4 | $2.5 \%$ |
| Has his/her speech been behind (less developed than) that of children of similar age? |  |  |  |  |  |  |  |  |
| Missing | 7 | $4.4 \%$ | 7 | 4.4\% | 39 | $24.4 \%$ | 34 | 21.3\% |
| No | 110 | 68.8\% | 117 | 73.10 | 96 | 60.0\% | 101 | $63.1 \%$ |
| A little | 29 | 18.1\% | 19 | $11.9 \%$ | 15 | 9.4\% | 15 | 9.4\% |
| Moderately or a lot | 10 | $6.3 \%$ | 13 | $8.1 \%$ | 8 | $5.0 \%$ | 8 | $5.0 \%$ |
| Not sure | 4 | $2.5 \%$ | 4 | 2.5\% | 2 | 1.3\% | 2 | 1.3\% |


| Have you often felt tired? |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Missing | 8 | 5.0\% | 8 | 5.0\% | 38 | 23.8\% | 35 | 21.9\% |
| No | 42 | 26.3\% | 44 | 27.5\% | 43 | $26.9 \%$ | 55 | 34.4\% |
| Yes | 110 | 68.8\% | 108 | 67.5\% | 79 | 49.4\% | 70 | 43.8\% |
| Has your child <br> needed more attention than other children? |  |  |  |  |  |  |  |  |
| Missing | 7 | 4.4\% | 8 | 5.0\% | 38 | 23.8\% | 34 | 21.3\% |
| No | 110 | 68.8\% | 107 | 66.9\% | 94 | 58.8\% | 106 | $66.3 \%$ |
| Yes | 43 | 26.9\% | 45 | 28.1\% | 28 | 17.5\% | 20 | 12.5\% |

