Appendix 4 (as supplied by the authors): Summary of treatment points and other information related with acupuncture treatment

<table>
<thead>
<tr>
<th>First author (Year)</th>
<th>Acupuncture method (practitioner)</th>
<th>Total number of sessions</th>
<th>Acupuncture points</th>
<th>Rationales</th>
<th>Adverse events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gosman-Hedstrom</td>
<td>CA with MS, ES (4 physiotherapists)</td>
<td>20</td>
<td>Fixed points (10)</td>
<td>TCM theory</td>
<td>n.r.</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>LI4, LI11, ST38,</td>
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<td></td>
<td></td>
<td></td>
<td>and Ex mob paretic (bilateral)</td>
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<td></td>
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<td></td>
<td>TE5 (unilateral, nonparetic side), GV20</td>
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<tr>
<td>Schuler</td>
<td>CA with ES (3 physicians of TCM)</td>
<td>8</td>
<td>n.r.</td>
<td>n.r.</td>
<td>falls without fractures (AT:56, placebo:59, control:57), recurrent strokes (1, 2, 0), deep-vein thrombosis (1, 0, 0), delirium (2, 1, 3), seizures (1, 0, 0) superficial hematoma around the acupuncture points (3, 2, 0)</td>
</tr>
<tr>
<td>Hopwood</td>
<td>CA &amp; SA with ES (physiotherapists)</td>
<td>12</td>
<td>CA : LI4, LI10(ES), LI15, TE5(ES), GB31(ES), GB34(ES), GB38, GB43, and optional use GB20(EA), ST36(EA)</td>
<td>TCM theory</td>
<td>0 case occurred</td>
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<td></td>
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<td>SA (4) : 2 points of the motor line, 1 point the upper and lower limb junction, and 1 point head and upper limb junction</td>
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<tr>
<td>Xie</td>
<td>EA (n.r.)</td>
<td>n.r.</td>
<td>Brunnstrom stage 1,2</td>
<td>n.r.</td>
<td>n.r.</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>: LI10, LI4, TE5, LI10, GB34, ST36, GB39, LR3 (contralateral)</td>
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<td></td>
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<td>Brunnstrom stage 3,4,5</td>
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<td></td>
<td></td>
<td></td>
<td>: LI4, TE5, LI10, SP9, SP6, BL60 (ipsilateral)</td>
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<td>SA : 4–5 points along the motor cortex line (paretic side)</td>
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<td>AA : Shenmen (bilateral)</td>
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<td></td>
<td></td>
<td></td>
<td>EA : LI4–LI11, TW5–EX–UE9, GB34–GB39</td>
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<tr>
<td>Park</td>
<td>CA (1 physician of Korean medicine)</td>
<td>9–12</td>
<td>Individually tailored acupuncture</td>
<td>Korean acupuncture</td>
<td>Seizure (real AT : 1)</td>
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<td></td>
<td></td>
<td></td>
<td>Common(4) : ST40(bilateral), CV12, GV20, GV26</td>
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<td>Individualized(6) : by excess or deficiency of the yin and yang</td>
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<td>1) BL66, LI1, HT3, HT4, GB43, GB44</td>
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<td>2) LU8, SP3, HT8, HT9, KI3, KI7</td>
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<td>3) ST36, LI5, LI11, HT7, HT8, SI5</td>
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<td>4) SP1, SP2, HT8, HT9, LR1, CV4</td>
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<tr>
<td>Huang</td>
<td>A) Back-Shu EA B) CA</td>
<td>24</td>
<td>A) Back-Shu points (BL13,15,17,18,19,20,21,TE5,S13,ST36,GB39)</td>
<td>TCM theory</td>
<td>Dizziness (2; n.r. for which groups)</td>
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<tr>
<td></td>
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<td></td>
<td>B) LI15,S10,L11,LI10,TE5,L14,GB31,ST32,GB34,GB39,LR3 (paretic limb)</td>
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<tr>
<td>Wayne</td>
<td>CA with MS, ES SA with MS only (2 TCM style acupuncturists)</td>
<td>20</td>
<td>&quot;Pool A (treatment U/Ex. and L/Ex. hemiparesis)</td>
<td>TCM theory</td>
<td>n.r.</td>
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<tr>
<td></td>
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<td>:LI15, LI14, LI11, LI10, LI4, TH14, TH5, TH3, EX-U/Ex9, SI9, SI4, SI3, GB30, GB31, GB34, GB39, GB40, ST34, ST36, ST41, ST42, LR3, EX-LE10</td>
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<td>Pool B (treatment underlying TCM etiology)</td>
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<td></td>
<td></td>
<td></td>
<td>:KI3, LU5, CV4, LR3, BL18, BL23</td>
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<td>Pool C (treating associated additional symptoms)</td>
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<td>:CV23, Extra Yin Yu Yue, HT5, HT7, ST5, ST6, ST7, LI4, EX-HN5, TE17, TE5, EX-HN16, LR3, BL43, BL45, GV20, PC7</td>
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<tr>
<td>Schaechter</td>
<td>CA &amp; SA with ES (n.r.)</td>
<td>20</td>
<td>n.r.</td>
<td>TCM theory</td>
<td>n.r.</td>
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<tr>
<td>Fink</td>
<td>CA, no-MS (3 acupuncturists)</td>
<td>8</td>
<td>Standard points(4): GB34, GB39, LR3, LI4 (paretic limb)</td>
<td>TCM theory</td>
<td>n.r.</td>
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<td>Individualized: ST36, LI10 (paretic limb), SP6, LI10 (bilateral), GV20</td>
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</tbody>
</table>

*Pool at each treatment, 10–15 points were chosen from pool A, 5-3 points from pool B, 1-2 points from pool C

EA: Electro acupuncture; CA: Classic acupuncture; SA: Scalp acupuncture; AA: Auricular acupuncture; ES: electrical stimulation; MS: manual stimulation; TCM: Traditional Chinese Medicine; n.r.: not reported

References


