The 1 minute

‘PADDINGTON ALCOHOL TEST’
(PAT)

N.B. ‘page 3’ A&E card

Circle number(s) - max 3 - for specific trigger(s); consider for ALL the TOP 10 (include = i.):

1. FALL (i. trip) 2. COLLAPSE (i. fits) 3. HEAD INJURY (i. facial)
4. ASSAULT (i. involved) 5. NON-SPECIFIC G.I. 6. “UNWELL”
7. PSYCHIATRIC (i. o’dose) 8. CARDIAC (i. palpitations ) 9. SELF-NEGLECT
10. REPEAT Attender

Other (specify):…………………

DATE:

PATIENT IDENTIFICATION STICKER:

After  Dealing with patient’s ‘agenda,’ i.e. patient’s reason for attendance:-

1. “Quite a number of people have times when they drink more than usual; what is the most you will drink in any one day?” (Units, 8 gms alc., for pub measures in brackets; home measures often x3!)

<table>
<thead>
<tr>
<th>Beer/lager/cider</th>
<th>___ Pints (2) ___Cans (1.5)</th>
<th>total Units/day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strong Beer/lager/cider</td>
<td>___ Pints (5) ___Cans (4)</td>
<td>= __________</td>
</tr>
<tr>
<td>Wine</td>
<td>___Glasses (1.5) ___Bottles (9)</td>
<td></td>
</tr>
<tr>
<td>Fortified Wine (Sherry, Martini)</td>
<td>___Glasses (1) ___Bottles (12)</td>
<td></td>
</tr>
<tr>
<td>Spirits (Gin, Whisky, Vodka)</td>
<td>___Singles (1) ___Bottles (30)</td>
<td></td>
</tr>
</tbody>
</table>

2. If this is more than 8 units/day for a man, or 6 units/day for a woman, does this happen

  Circle
  : Once a week or more? = YES; PAT +ve (every day; ? Pabrinex )
  or
  : Less frequent ? = PAT - neg (?, as trumped by Quest. 3)

3. ‘Do you feel your current attendance in A&E is related to alcohol? YES(PAT+ve) / NO

If PAT +ve: ‘Would you like to see our Health Worker?’ YES / NO

If YES: give Alcohol Advice Card with appointment for next Review Clinic + book appt.

If NO: 1. Still give patient Alcohol Advice Card - patient may change mind later and return.
2. Still complete PAT; place in notes for reinforcement if patient reattends.

If to be admitted, note in AHW book & state ward if known……………………………..

SIGNATURE:          NAME  STAMP:

PAT 2000

November 2000