Alcoholic versus aqueous chlorhexidine for skin antisepsis: the AVALANCHE trial

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ABSTRACT

BACKGROUND: Preoperative skin antisepsis is routine practice. We compared alcoholic chlorhexidine with aqueous chlorhexidine for skin antisepsis to prevent surgical site infection after minor skin excisions in general practice.

METHODS: We conducted this prospective, multicentre, randomized controlled trial in 4 private general practices in North Queensland, Australia, from October 2015 to August 2016. Consecutive adult patients presenting for minor skin excisions were randomly assigned to undergo preoperative skin antisepsis with 0.5% chlorhexidine in 70% ethanol (intervention) or 0.5% chlorhexidine

aqueous solution (control). Our primary outcome was surgical site infection within 30 days of excision. We also measured the incidence of adverse reactions.

RESULTS: A total of 916 patients were included in the study: 454 underwent antisepsis with alcoholic chlorhexidine and 462 with aqueous chlorhexidine. Of these, 909 completed follow-up. In the intention-to-treat analysis of cases available at follow-up, there was no significant difference in the incidence of surgical site infection between the alcoholic chlorhexidine arm (5.8%, 95% confidence interval [CI] 3.6% to 7.9%) and the aqueous chlorhexidine arm (6.8%,

95% CI 4.5% to 9.1%). The attributable risk reduction was 0.010 (95% CI −0.021 to 0.042), the relative risk was 0.85 (95% CI 0.51 to 1.41), and the number needed to treat to benefit was 100. Per protocol and sensitivity analyses produced similar results. The incidence of adverse reactions was low, with no difference between groups ($p = 0.6$).

INTERPRETATION: There was no significant difference in efficacy between alcoholic and aqueous chlorhexidine for the prevention of surgical site infection after minor skin excisions in general practice. **Trial registration:** https://www.anzctr.org.au, no. ACTRN12615001045505

It is routine practice before surgery to cleanse the skin with an antiseptic preparation at the site of surgical incision, a process known as preoperative skin antisepsis.[1,2] This prevents surgical site infection by removing microorganisms on the skin.[1,3,4] The consequences of surgical site infection include patient discomfort, functional impairment and increased health care costs.[1,3–5]

The most commonly used preoperative skin antiseptic preparations are povidone iodine and chlorhexidine. Both are available in aqueous and alcoholic preparations,[1,3,4] and both are effective against a wide range of bacteria, viruses and fungi, although chlorhexidine has more residual antiseptic activity on the skin after application.[1,2,4] The evidence base guiding appropriate selection of antiseptic agents is poor. A landmark study found that 2% chlorhexidine in 70% isopropyl alcohol was superior to aqueous 10% povidone iodine; however, given that alcohol is known to have important antimicrobial properties, its presence in the chlorhexidine preparation was likely an additional

active treatment component.[6] Recent meta-analyses, including a Cochrane review, concur that it is difficult to make conclusive statements about the relative efficacy of chlorhexidine and povidone iodine [1,2,5] or about alcoholic and aqueous preparations.[1,2]

Some procedures carry a higher risk for surgical site infection because of body site, pathology and patient factors. Previously identified risk factors include lower leg as the site of the procedure, skin cancer as the reason for excision and diabetes mellitus as a comorbidity.[7,8]

In prior studies of wound infection after minor surgery in general practice in the Mackay region of Australia, our group has shown a surgical site infection rate of about 10%.[7–11] The reason for this high rate is unclear, but it may be related to humidity or to patient behaviour in this rural setting. Although this situation is suboptimal,[12,13] the high infection rate, combined with a high workload for minor surgery in rural general practice,[14] means that a study of skin antisepsis for the prevention of surgical site infection in our setting is highly feasible.

Previous research in the Mackay region[7,9-11,15] and recent interviews (unpublished data) showed that most general practitioners in Mackay use chlorhexidine in preference to povidone iodine, partly because of the perceived "messiness" and skin staining associated with povidone iodine. Therefore, in the current study, we examined the difference between alcoholic and aqueous chlorhexidine, rather than comparing chlorhexidine with povidone iodine.

Alcoholic chlorhexidine has the potential for more pronounced mucosal and ocular irritation[16] and the danger of operating room fires which, though rare, can have catastrophic consequences.[17] Several participating clinicians commented that alcoholic chlorhexidine was more likely to remove skin markings made to establish excision margins (unpublished data). We hypothesized that alcoholic chlorhexidine, with independent antibacterial properties, would be superior to aqueous chlorhexidine, and felt that it was important to establish whether a significant difference in efficacy could justify the potential negative effects of the alcoholic preparation.

The aim of our study, the AVALANCHE (Aqueous Versus Alcoholic Antisepsis with Chlorhexidine for Skin Excision) trial, was to compare the effect of alcoholic and aqueous chlorhexidine on the incidence of surgical site infection after minor skin excisions in general practice.

Methods

Study design and setting
We conducted this prospective, multicentre assessor-blinded randomized controlled trial (RCT) from October 2015 to August 2016, with reporting in accordance with the CONSORT statement.[18]

We conducted the trial in 3 private general practices in Mackay, Queensland (population 112 798),[19] and 1 private general practice in Mareeba, Queensland (population 7294).[20]

Intervention and control
For preoperative skin antisepsis, the intervention was 0.5% chlorhexidine in 70% ethanol, and the control was 0.5% chlorhexidine aqueous solution. The 0.5% concentration aligns with guidelines released by the Queensland Centre for Healthcare Related Infection Surveillance and Prevention.[4] The 70% alcoholic concentration is standard for alcoholic preoperative skin preparations.[2] We purchased the antiseptic solutions from an independent supplier (SSS Australia).

Recruitment and participant eligibility
Consecutive adult patients presenting for "minor skin excision" (i.e., excision of benign or malignant skin lesions under local anesthetic, performed in general practice) were invited to participate. Practice nurses were responsible for recruitment and treatment assignment. Nurses provided an information sheet to each potential participant before requesting written informed consent.

We excluded patients who were already taking antibiotics. Other exclusion criteria were excision of sebaceous cyst and allergy to alcohol or chlorhexidine. Additional methodologic details are outlined in the study protocol.[21]

We did not plan to exclude periocular excisions; however, during the first week of data collection, 1 patient experienced ocular irritation from an alcoholic solution, and patients with this type of lesion were excluded thereafter. We reported this event as an adverse reaction.

Randomization and blinding
Randomization was at the level of the patient. We used computer-generated random numbers to create permuted blocks of 50 with a 1:1 ratio. Group assignments were concealed in numbered, sealed, opaque envelopes, which were opened after patients provided consent to participate. The researchers responsible for randomization had no role in participant enrolment, assignment or treatment.

Some features of the alcoholic preparation, such as smell, were identifiable, so blinding of personnel and patients was not feasible. However, the outcome assessor (the treating doctor) was blinded to treatment assignment. In addition, to improve the specificity (but not the sensitivity) of diagnosis of surgical site infection, a single blinded outcome assessor photographed and assessed infected wounds.

Surgical and wound care protocols
In consultation with the participating clinicians, we developed a protocol modelled upon international guidelines and similar trials.[4,7,9,10,15,22] The antiseptic solution was applied using sterile forceps and gauze over an area 1 cm beyond the surgical field. Drapes, gloves, sutures, local anesthetic and dressings were the same in the 2 study arms. Written postoperative wound care instructions were used. In addition, the clinicians used a diathermy protocol to minimize the risk of fires.[4,17,23]

Surgical site infection was determined in accordance with a modified version of the Centers for Disease Control and Prevention (CDC) definition.[22] The infection was required to occur within 30 days of the excision and to involve only skin or subcutaneous tissue. Additionally, at least 1 of the following had to have occurred: purulent discharge with or without laboratory confirmation from the superficial excision; at least 1 of pain or tenderness, localized swelling, redness or heat; or diagnosis of superficial infection by the physician. Stitch abscess was not included in this definition.[9,15,22]

Outcome measures
The primary outcome measure was the incidence of surgical site infection within 30 days after the excision. Wounds were assessed when the patients presented for removal of sutures, for evaluation of signs or symptoms of surgical site infection or for any other reason (opportunistically).

The secondary outcome measures were adverse reactions to the preoperative skin antiseptic agent (manifesting as any one of anaphylaxis, skin irritation, contact dermatitis or rash), the results of microbiology testing of infected wounds with purulent discharge and any patterns of antibiotic resistance. Ocular irritation was classified as an adverse reaction.

Participating clinicians were given standardized education about the diagnosis of surgical site infection. The clinicians pre-

scribed antibiotics for such infections if clinically indicated and, for wounds with a purulent discharge, obtained samples for microscopy, culture and sensitivity (as per standard practice).

Data collection
Staff at each practice location collected baseline data for patient, excision and lesion characteristics, based on risk factors for surgical site infection identified in previous trials.[7–9,15] Excision location was recorded on a body site map. Clinicians at each practice site examined patient records to complete missing data.

Statistical analysis
For determination of sample size, we predicted a baseline infection rate of 10%, on the basis of pooled data from 3 previous studies of surgical site infection in the Mackay region,[7,9,10] which used aqueous chlorhexidine. We contacted participating clinicians individually to seek input on the level of reduction in the incidence of surgical site infection that would be considered clinically significant; these clinicians judged that an absolute reduction in incidence of 5% (i.e., to 5%) with alcoholic chlorhexidine would be clinically significant. To detect a difference of this magnitude with statistical confidence, power in excess of 80% and a 2-tailed significance level of 0.05, a total of 435 patients was required in each of the intervention and control groups. To counter potential attrition, and given dropout rates less than 5% in previous studies,[7,9,10,15] the target sample size was increased to 920.

We compared the intervention and control groups in terms of baseline characteristics of patients, lesions and excisions.

We compared the incidence of surgical site infection (the primary outcome variable) in the intervention and control groups using the Fisher exact test and 95% confidence intervals (CIs). In addition, we calculated the attributable risk reduction, the relative risk, the number needed to treat (NNT) and the number needed to harm (NNH)[24] with 95% CIs.

The primary analysis was an intention-to-treat analysis based on cases available at follow-up, including all participants who underwent randomization, with the individual person as the unit of analysis. We also conducted a per protocol analysis, which excluded participants with protocol violations, and a sensitivity analysis for patients lost to follow-up. In addition, we compared the relative incidence of adverse outcomes between the intervention and control groups using the Fisher exact test. All reported p values were 2 tailed, and for each analysis p less than 0.05 was considered statistically significant.

Data were analyzed with SPSS Statistics version 24 (IBM).

Ethics approval
This trial received ethics approval from the James Cook University Human Research Ethics Committee (H6065) and was registered with the Australian and New Zealand Clinical Trials Registry (ACTRN12615001045505).

Results

Over the study period, 1041 patients were assessed for eligibility and met the inclusion criteria, of whom 125 were excluded (Figure 1).

Of the remaining 916 patients, 454 were assigned to undergo skin antisepsis with alcoholic chlorhexidine (intervention) and 462 with aqueous chlorhexidine (control). Seven of the patients (0.8%) were lost to follow-up, which left 909 patients who qualified for the intention-to-treat analysis of available cases. In 16 (1.7%) of the 916 cases, the wound protocol was violated. In total, 14 general practitioners at 4 general practices performed between 1 and 249 procedures that contributed to the trial.

The mean age (standard deviation [SD]) of excluded patients was significantly higher than the age of those who underwent randomization (69.2 [SD 14.7] yr v. 64.9 [SD 14.0] yr, p = 0.002). There was no difference in sex ratio (proportions of men: 72/125 [57.6%] v. 517/916 [56.4%], p = 0.8).

At baseline, there were no large differences between the intervention and control groups in terms of patient, lesion or excision characteristics (Table 1).

Incidence of surgical site infection
In the intention-to-treat analysis of cases available at follow-up, surgical site infection occurred in 57 (6.3%, 95% CI 4.7% to 7.9%) of the 909 patients. There was no significant difference between the alcoholic and aqueous chlorhexidine arms (5.8% [26/451], 95% CI 3.6% to 7.9% v. 6.8% [31/458], 95% CI 4.5% to 9.1%). The attributable risk reduction was 0.010 (95% CI –0.021 to 0.042), relative risk was 0.85 (95% CI 0.51 to 1.41), and the NNT was 100.

The per protocol analysis also showed no significant difference between the groups (attributable risk reduction 0.012, 95% CI –0.020 to 0.044; NNT 84). In the sensitivity analysis, there was no significant difference whether all 7 patients lost to follow-up were assumed to have infection or no infection (Table 2).

About one-third (20/57 [35.1%]) of the infections were photographed and rated by an independent outcome assessor, with agreement for all 20 of these cases.

Adverse reactions
One episode of ocular irritation was reported in the alcoholic chlorhexidine arm, and 3 episodes of contact dermatitis were reported in the aqueous chlorhexidine arm (combined adverse effects, p = 0.6; contact dermatitis, p = 0.2). No other adverse reactions attributable to the antiseptic preparations were reported.

Microbiologic testing of infected wounds
The results of microbiologic testing were reported for 7 (0.8%) of the patients (5 in the intervention group, 2 in the control group). All samples grew *Staphylococcus aureus*, and 1 sample from the alcoholic chlorhexidine arm additionally grew *Pseudomonas aeruginosa*. Sensitivity testing for 2 of the samples showed pansensitive *S. aureus*.

Interpretation

No statistically or clinically significant differences were found between alcoholic and aqueous chlorhexidine for the prevention of surgical site infection after minor skin excisions in general practice.

These findings are consistent with previous studies of both clean surgery (i.e., gastrointestinal, genitourinary or respiratory tract not entered) and other classifications of surgical contamination (Table 3), which have mostly shown a trend favouring alcohol-based skin antisepsis, but no significant differences.[6,25–36]

In our study, there was a low incidence of contact dermatitis, and no significant difference between groups, consistent with similarly low incidences (0% to 0.8%) reported in the literature.[6,29,34]

Staphylococcus aureus was the primary organism cultured from wound swabs, again consistent with previous studies.[30,31]

Limitations

In this trial, we addressed a question that is relevant to clinicians and readily translated into clinical practice. Few large RCTs are conducted in primary care because of practical and funding difficulties.[38,39] However, it is important that clinical guidelines used in general practice be informed by primary care evidence, so that they will be directly applicable to patients who present to the general practitioner.[40]

The study had some limitations. The baseline infection rate was lower than we predicted on the basis of previous studies.[7–10] Our sample size calculation was based on a 5% absolute reduction in surgical site infection (from a 10% baseline rate) being clinically relevant. It is possible that general practitioners might have reconsidered the margin for superiority if the baseline rate were 7%. The observed difference might be considered clinically relevant to a clinician working in a setting with a lower baseline infection rate.[41–43]

Although the gold standard, the diagnosis of surgical site infection as per CDC criteria, is subjective and prone to inter- and intra-observer variability,[44] we could not blind personnel to the intervention. Furthermore, it was not financially or practically
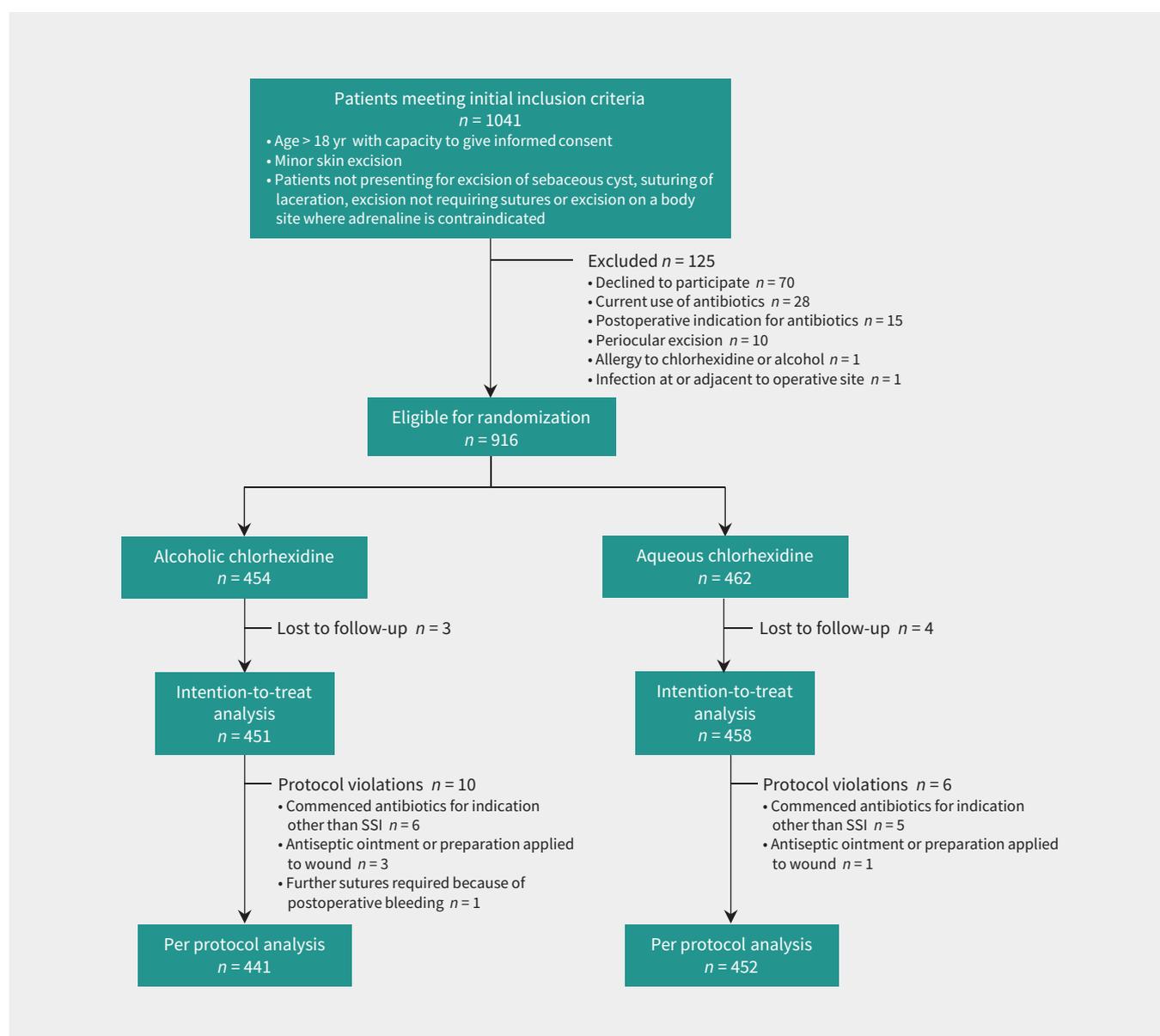

Figure 1: Flow chart of enrolment, assignment, follow-up and analysis of study participants.[21] SSI = surgical site infection.

Table 1: Baseline characteristics of patients, lesions and excisions, by treatment group

Characteristic	Group; no. (%) of patients*	
	Alcoholic chlorhexidine (intervention) n = 454	Aqueous chlorhexidine (control) n = 462
Patient		
Age, yr, mean ± SD (range)	65.1 ± 14.2 (21–91)	64.8 ± 13.9 (21–101)
Sex, male	266 (58.6)	251 (54.3)
Smoking status		
Current smoker	33 (7.3)	39 (8.4)
Ex-smoker	128 (28.2)	135 (29.2)
Never smoked	293 (64.5)	288 (62.3)
Comorbid conditions		
Any†	99 (21.8)	105 (22.7)
Diabetes mellitus	44 (9.7)	53 (11.5)
Ischemic heart disease	43 (9.5)	53 (11.5)
COPD	16 (3.5)	10 (2.2)
Medications		
Taking a medication‡	131 (28.9)	128 (27.7)
Oral anticoagulant agents	65 (14.3)	75 (16.2)
Oral antiplatelet agents	42 (9.3)	35 (7.6)
Oral or inhaled steroids or other immunosuppressant	39 (8.6)	30 (6.5)
Lesion		
Body site		
Head and neck	154 (33.9)	174 (37.7)
Trunk	84 (18.5)	81 (17.5)
Upper limb	114 (25.1)	127 (27.5)
Lower limb: below knee	80 (17.6)	64 (13.9)
Lower limb: above knee	22 (4.8)	16 (3.5)
Histologic findings		
Malignant melanoma	11 (2.4)	9 (1.9)
Basal cell carcinoma or squamous cell carcinoma	257 (56.6)	254 (55.0)
Cancerous precursor§	69 (15.2)	77 (16.7)
Other lesion	117 (25.8)	122 (26.4)
Excision		
Type of excision		
Simple	443 (97.6)	453 (98.1)
Two-layer or flap	11 (2.4)	9 (1.9)
Suture size		
Thick (2/0 or 3/0)	277 (61.0)	269 (58.2)
Thin (4/0, 5/0 or 6/0)	116 (25.6)	130 (28.1)
Multiple	61 (13.4)	63 (13.6)
Length of excision, mm, median (range)	25.0 (3–100)	25.0 (3–100)
Time to removal of sutures, d, mean ± SD (range)	9.69 ± 2.95 (3–19)	9.73 ± 2.97 (4–21)

Note: COPD = chronic obstructive pulmonary disease, SD = standard deviation.
*Except where indicated otherwise.
†Comorbid conditions were diabetes mellitus, peripheral vascular disease, ischemic heart disease, cancer and inflammatory skin disease.
‡Medications were steroids (oral or inhaled), anticoagulants, antiplatelet agents, opioids (oral or cutaneous) and other immunosuppressive medications.
§Cancerous precursors were actinic keratoses and dysplastic nevi.

feasible for a single outcome assessor to assess each wound at the 4 geographically dispersed practices.[21] An independent outcome assessor rated photographs of some infections to increase the specificity (but not the sensitivity) of diagnosis; however, only 37.5% of infections were photographed. Only 7 infected wounds were sampled for bacterial culture, and for only 2 of these was antibiotic sensitivity reported; therefore, data were insufficient to draw conclusions about antibiotic resistance.

Many factors influence surgical site infection, and some potentially important variables were inadequately recorded, such as the patient's occupation and skin integrity. Also, medical history is subject to recall bias. Other potential confounders, such as the doctor's surgical skill, could not be measured or recorded.

We did not adjust for the possible effect of clustering by general practitioner or by practice; however, in previous similar trials,[7,9,10,15] these factors did not produce a large design effect. Had we adjusted for a potential clustering effect, the estimated variances would likely have been larger, and the nonsignificant results would have been emphasized.

The Cochrane definition of intention to treat is the analysis of all patients who underwent randomization, regardless of whether the protocol was violated or the patients were lost to follow-up.[45] If data were imputed, on the basis of baseline infection rates, it is likely that the 7 patients lost to follow-up would be classified as being without infection. Our intention-to-treat analysis is presented as an available-case analysis (including patients with protocol violations but not those lost to follow-up). Our sensitivity analysis is, in effect, a data imputation, in accordance with the Cochrane definition.

The populations of Mackay and Mareeba differ slightly from the general Australian population.[19,20] The incidence of surgical site infection in our tropical setting was higher than that for cohorts in other areas, but the relative efficacy of aqueous and alcoholic chlorhexidine is unlikely to change with climate. Our results are consistent with those of trials comparing alcoholic with aqueous preparations in clean general surgery,[25,30,31,33,35] and the results may be generalizable to this setting, as well as to other simple general practice procedures, such as insertion of a contraceptive device.

Table 2: Incidence of surgical site infection in intervention and control groups

| Analysis | Group; no. or % | | ARR (95% CI) and NNT[28] * | RR (95% CI) |
	Alcoholic chlorhexidine (intervention)	Aqueous chlohexidine (control)		
Intention-to-treat analysis				
No. of participants	451	458		
No. of infections	26	31		
Incidence of infection, %	5.8	6.8	0.010 (–0.021 to 0.042) NNT 100 (NNH 48 to infinity to NNT 24)	0.85 (0.51 to 1.41)
Per protocol analysis				
No. of participants	441	452		
No. of infections	25	31		
Incidence of Infection, %	5.7	6.9	0.012 (–0.020 to 0.044) NNT 84 (NNH 50 to infinity to NNT 23)	0.83 (0.50 to 1.38)
Sensitivity analyses				
Lost to follow-up assumed without infection				
No. of participants	454	462		
No. of infections	26	31		
Incidence of infection, %	5.7	6.7	0.0098 (–0.021 to 0.041) NNT 102 (NNH 48 to infinity to NNT 24)	0.85 (0.52 to 1.41)
Lost to follow-up assumed with infection				
No. of participants	454	462		
No. of infections	29	35		
Incidence of infection, %	6.4	7.6	0.012 (–0.021 to 0.045) NNT 84 (NNH 47 to infinity to NNT 22)	0.84 (0.52 to 1.36)

Note: ARR = attributable risk reduction, CI = confidence interval, NNH = number needed to harm, NNT = number needed to treat, RR = relative risk.
*Where the 95% CI of the risk difference overlaps zero, the corresponding 95% CI of the NNT includes infinity and therefore is expressed as a range from NNH (harm) to infinity to NNT (benefit).

Table 3: Previous studies comparing alcoholic and aqueous preparations for prevention of surgical site infection

Study, date and location	Study details*	Study arm; incidence of infection, n/N (%)		RR (95% CI)	ARR, %	*p* value
		Alcoholic	**Aqueous**			
Abreu et al.[36] (2014), Uruguay	56 participants, clean contaminated Intervention: 0.5% alcoholic CHG Control: 0.5% aqueous PVI	6/32 (18.8)	4/24 (16.7)	1.13	+2.2	NS
Bibbo et al.[26] (2005), USA	127 participants, clean Intervention: 4% CHG scrub + 70% alcohol paint Control: 7.5% aqueous PVI scrub + 10% aqueous PVI paint	0/60 (0.0)	0/67 (0.0)	NA	0.0	NA
Brown et al.[27] (1984), USA†	737 participants, clean, clean contaminated + contaminated Intervention: 0.5% CHG in 70% alcohol spray Control: 0.7% aqueous PVI scrub + aqueous PVI paint	23/378 (6.1)	29/359 (8.1)	0.75 (0.44 to 1.28)	−2.0	NS
Darouiche et al.[6] (2010), USA	849 participants, clean contaminated Intervention: 2% CHG in 70% alcohol scrub Control: 10% aqueous PVI scrub + paint	39/409 (9.5)	71/440 (16.1)	0.59 (0.41 to 0.85)	−6.6	0.004
Gilliam et al.[28] (1990), USA‡	60 participants, clean Intervention: 0.7% iodophor in 74% alcohol paint Control: Aqueous iodophor scrub + paint	0/30 (0.0)	0/30 (0.0)	NA	0.0	NA
Howard[33] (1991), USA‡	159 participants, clean Intervention: alcoholic iodophor Control: aqueous iodophor scrub + paint	2/84 (2.4)	2/75 (2.7)	0.89 (0.13 to 6.18)	−0.3	NS
Meier et al.[30] (2001), Nigeria‡	200 participants, clean Intervention: bath soap scrub + methylated spirit paint Control: aqueous PVI scrub + paint	5/98 (5.1)	6/102 (5.9)	0.87 (0.27 to 2.75)	−0.8	NS
Paocharoen et al.[29] (2009), Thailand†	500 participants, clean, clean contaminated + contaminated Intervention: 4% CHG in 70% alcohol scrub + paint Control: aqueous PVI scrub + paint	5/250 (2.0)	8/250 (3.2)	0.63 (0.21 to 1.88)	−1.2	NS
Paocharoen et al.[29] (2009), clean surgeries only, Thailand‡	183 participants, clean Intervention: 4% CHG in 70% alcohol scrub + paint Control: aqueous PVI scrub + paint	2/96 (2.1)	5/87 (5.7)	0.36 (0.07 to 1.82)	−3.6	NS
Roberts et al.[35] (1995), USA‡	200 participants, clean Intervention: alcoholic iodophor Control: aqueous iodophor scrub + paint	10/104 (9.6)	9/96 (9.4)	1.03 (0.44 to 2.42)	+0.2	NS
Saltzman et al.[32] (2009), USA	150 participants, clean Intervention 1: 2% CHG in 70% alcohol Intervention 2: 0.7% iodophor in 74% alcohol Control: 0.75% PVI scrub + 1% PVI paint	Int 1: 0/50 (0.0) Int 2: 0/50 (0.0)	0/50 (0)	NA	0.0	NA
Segal and Anderson[25] (2002), USA‡	209 participants, clean Intervention 1: alcoholic iodophor Intervention 2: alcoholic iodophor + incise drape§ Control 1: 10% aqueous PVI paint Control 2: 7.5% aqueous PVI scrub + 10% aqueous PVI paint	Int 1: 1/50 (2.0)	Control 1: 7/56 (12.5) Control 2: 7/52 (13.5)	0.16 0.15	−10.5 −11.5	NS
Sistla et al.[31] (2010), India‡	556 participants, clean Intervention: 2.5% CHG in 70% alcohol paint Control: 10% aqueous PVI paint	14/200 (7.0)	19/200 (9.5)	0.74	−2.5	NS
Srinivas et al.[34] (2015), India	351 participants, clean contaminated Intervention: 0.5% CHG in 70% alcohol paint Control: 5% aqueous PVI paint	17/158 (10.8)	33/184 (17.9)	0.60	−7.1	NS

Note: ARR = absolute risk reduction, CHG = chlorhexidine, CI = confidence interval, NA = not available, NS = no statistically significant difference between intervention and control (*p* value not reported), PVI = povidone iodine, RR = relative risk.
*"Clean" = noncontaminated wound; "clean contaminated" = operative wound in respiratory, alimentary or genitourinary tract, or minor break in aseptic technique; "contaminated" = open, fresh, accidental wound, acute nonpurulent inflammation, gross spillage from gastrointestinal tract or major break in aseptic technique.[37]
†Data supplemented by analyses performed in systematic review of literature by Maiwald and colleagues.[2]
‡Data supplemented by analyses performed in systematic review of literature by Dumville and colleagues.[1]
§Data from this group were excluded from analysis because of use of incise drape as an additional intervention.

Conclusion

The AVALANCHE trial showed no clinically relevant or statistically significant difference between alcoholic and aqueous chlorhexidine for skin antisepsis for the prevention of surgical site infection after clean minor surgery in general practice.

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