Canada is at a “pivotal moment” with respect to medicare.

“There is no question that reform is coming and we have the potential to design the best health system in the world,” he says. “It’s not a question of debating the pros and cons. It’s more about taking the best from what we can learn about systems that work and also learning from the mistakes that other people have made.”

Doctors should not only be at the table for that discussion, “we should be at the head of the table,” Day adds.

“Governments need more help from doctors than they’ve asked for or have taken in the past.”

In a submission to Senator Michael Kirby’s committee on health care in 2001, Day recommended repealing the Canada Health Act. “The Canada Health Act achieves the reverse of what it was set out to do. In fact, the people from lower social economic groups, people who do not have the ability to pick up the telephone and make a phone call, people who do not know how to wheel their way around the system are the ones who suffer in a system like this,” he said at the time.

Asked if he still supports that view, Day responded that while there is nothing in the Act that is bad, “it has to be updated.” — Laura Eggertson, CMAJ

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STIs a “hidden epidemic”:

SOGC

The Society of Obstetricians and Gynaecologists of Canada (SOGC) is calling for a national strategy to combat rising rates of sexually transmitted infections (STIs), which they say have risen so much they constitute a “hidden epidemic.”

Cases of chlamydia rose by 74% from 1997 to 2004, states the SOGC, which analyzed data provided by the Public Health Agency of Canada. The incidence rate was 26 per 100 000 in 2004 compared with 14.3 in 1997.

Syphilis rose by 908% over the same period, with an incidence rate of 3.9 per 100 000 in 2004, from 0.4 per 100 000 in 1997. (The 2004 figures were calculated by projecting current case rates as of June 2004 to 12 months.)

Chlamydia was most common in people aged 15–24 and gonorrhea was most prevalent among women 15–24, and men 20–29. Cases of syphilis occurred primarily in men aged 30 and older.

“What we need to have is a national strategy,” says SOGC Associate Executive Vice-President Dr. Vyta Senikas.

A multimillion-dollar strategy, consisting of a broad-based public education campaign, should come from “the top,” and include Health Canada and the Public Health Agency of Canada as “active partners,” as well as non-governmental organizations such as the SOGC, Planned Parenthood, family physicians, nurses and rural physicians, Senikas says.

Physicians believe the infection rates are increasing, in part, because young people are engaging in more unprotected sex and because they believe oral sex is safer than it is, says Senikas.

The Society, which plans to lobby the new Health Minister on this issue, doesn’t know how much the campaign would cost.

However, “the consequences of these diseases, the burden of these diseases on the public is enormous,” says Senikas. — Laura Eggertson, CMAJ

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Canadian helps WHO with pandemic

Canada’s deputy chief public health officer is heading to Geneva on a 2-year secondment to help the WHO prepare for a possible influenza pandemic.

In April, Dr. Paul Gully will begin working with Dr. Margaret Chan, WHO’s pandemic point person and deputy director-general for prevention of communicable diseases. Gully’s specific responsibilities had not been defined at press time, although he may be working in the area of rapid response and containment in countries where a pandemic strain of influenza is first detected.

WHO, which has a long-standing working relationship with Canada, asked for Gully specifically, in an arrangement that will also benefit the Public Health Agency, Gully told CMAJ.

“We think that enabling their capacity is very important,” says the former senior director general of population and public health at Health Canada. “It’s also good for Canada to have someone who knows the Canadian system and is well-versed in the situation here, to be there.”

In January, donor countries pledged almost US$2 billion toward eradicating the H5N1 virus infecting poultry flocks in Asia and Europe. The H5N1 virus is considered the leading pandemic candidate.

“It will be very important to ensure that the funds are spent in the best way to ensure that the strategies, both from the animal side and from the human health side, are able to be worked on,” Gully says. Improving identification and surveillance infrastructure in many countries will be critical, he added. — Laura Eggertson, CMAJ

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