Why don’t more women report sexual assault to the police?

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An estimated 94% of sexual assaults never come to the attention of the criminal justice system. We examined data from the charts of all 958 individuals who were examined at the Sexual Assault Service between Jan. 1, 1993, and Dec. 31, 1997. This service is operated by the Children’s & Women’s Health Centre of British Columbia in partnership with the Vancouver General Hospital Emergency Department. The purpose of our study was to determine why so many sexual assault cases are not reported to the police.

Information on patient demographics, details of the assaults and results of the physical examinations were compiled and analysed. The relationship between police involvement and the circumstances of each case was examined using logistic regression. “Police involvement” was defined as police accompaniment to the BC Women’s Sexual Assault Service, a request by the patient to file a police report at the time of the examination or both.

Age was not significantly associated with police involvement. The presence of physical injury, the fact that the assailant was a stranger, socioeconomic status below the group median, the year of the assault and the assault taking place in Vancouver were variables significantly associated with police involvement (Table 1). In addition, the decision to involve police in a sexual assault case was usually made before the individual arrived in the emergency room (Fig. 1). Police involvement in these cases has decreased over time; the percentage of assault cases seen by the sexual assault service that involved the police was 76.7% in 1993, 73.3% in 1994, 66.7% in 1995, 69.9% in 1996 and 57.4% in 1997.

Our results suggest that women who have been raped by an assailant who is not a stranger and those who have no physical injuries following a rape are more reluctant to involve the police. The increased probability of police involvement when a woman is sexually assaulted by a stranger or when the victim has some physical injury is consistent with previous studies. This behaviour may reflect a com-

Fig. 1: Police involvement of 958 cases examined by the Sexual Assault Service (SAS) between Jan. 1, 1993, and Dec. 31, 1997. Of the 649 individuals accompanied to the SAS by the police, information about whether they filed a police report was missing for 26 cases; of the 309 who were not accompanied to the SAS, police report information was missing for 11.
mon misconception that there should be some physical violence inflicted by a stranger for a rape to be considered “genuine.” When an individual is confronted with a situation that does not conform to this widely held concept of what constitutes rape, she may be reluctant to report the incident, feeling that she is to blame or will not be believed. Although overwhelming evidence suggests that most sexual assaults involve someone who is known to the victim and do not result in physical injury,\(^6\) it is likely that this type of assault remains underreported, and this, in turn, reinforces the social myth of what constitutes rape. Ironically, there is growing evidence that it is precisely this type of rape profile that may lead to more severe emotional adjustment problems in the long run.\(^7\)\(^-\)\(^9\)

The reason for the declining rate of sexual assault reports to the police over the 5-year period we surveyed is not clear. It does, however, coincide with an increase in the proportion of women from outside Vancouver being treated by the service. These women may have chosen to come to Vancouver for examination and treatment because of the availability of post-HIV exposure prophylaxis or the relatively high-profile nature of the service. However, women from outlying communities are less likely to report an assault to the Vancouver police if the assault occurred outside the Vancouver area, and this may account for the declining rate. Regardless of how one interprets the trend, the reporting of sexual assault to police has not increased — sexual assault continues to be one of the most under reported crimes.\(^1\) Reasons for this merit further study, possibly of a more qualitative nature.

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### References


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**Table 1: Factors associated with reporting sexual assault to the police**

<table>
<thead>
<tr>
<th>Variable</th>
<th>Univariate logistic regression OR (and 95% CI)</th>
<th>Multivariate logistic regression OR (and 95% CI)</th>
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<tbody>
<tr>
<td>Stranger assailant</td>
<td>2.2 (1.6–2.9)</td>
<td>1.9 (1.3–2.7)</td>
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<tr>
<td>A documented injury</td>
<td>1.9 (1.3–2.6)</td>
<td>2.1 (1.4–3.1)</td>
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<tr>
<td>SES below cohort median (3rd decile)†</td>
<td>1.7 (1.3–2.4)</td>
<td>1.5 (1.1–2.1)</td>
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</tbody>
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Note: OR = odds ratio, CI = confidence interval, SES = socioeconomic status.

*Multivariate model for police involvement associated with: year of assault (5 levels), location of assault Vancouver and the 3 variables noted in the table.

†SES of individual was determined according to Wilkins.\(^1\)